

The Nature and the Characteristics of Cancer  
Spain 2002  
Dr. K. Parvathi Kumar  
Only for internal use

Hearty fraternal greetings and good wishes.

We are in the auspicious hours of the solstice which is called the summer solstice, where the Word reaches the Earth. The divine man reaches the shore to rule the land. The man who is not divine also reaches the shore, but remains a hunter on the land. That is the difference. From Aries to Cancer there is the descent of the divine man every year. He descends in Aries, reaches the Word in Taurus, details it into a message in Gemini and conducts it in Cancer. To him the next six months is a royal path. That is what is called the royal arch. Again in Capricorn he ascends into the divine arch. So, the ascent is from Capricorn to Aries, and in Aries there is the ascent into higher planes of existence which is conducted as the Festival of Passover. The passing over is into the higher circles, and again in Aries, when the new year begins, a new cycle happens. Then there is the descent of the man to conduct the work. This descent is up to the matter. There is also further descent deep down into the matter. This is what I wish to explain, because to work in tune with the cycle of time is an important discipline for an aspirant who intends to enter into the path of wisdom.

**Aries – Libra**  
**Cancer – Capricorn**

In this cycle of time the highest point of illumination is in Aries. Its counterpart is Libra. Cancer and Capricorn are the solstices that divide the year into two parts. Aries and Libra vertically divide the cycle of the year. Capricorn is the dawn, Cancer is the dusk. Aries is noon, and Libra is the midnight. Capricorn is called the East, Cancer is called the West, Aries is called the South, Libra is called the North. During the noon time we have the most brilliant light of the day. In the midnight hours it is darkness, but darkness is absolute light. That is how North is seen as absolute silence which is experienced in the higher aspects of Scorpio. In the lower aspects of Scorpio it is just ignorance and the related power of ignorance. Scorpio power is very strong, whether it is ignorance or knowledge. It is very deep. If one is in ignorance, Scorpio brings horrible problems. If one has knowledge, Scorpio enables him to unearth the wisdom coming from the cave temples of the Earth. The cave temples are all hidden. The wisdom is also hidden, and it is easier for a Scorpion to unearth it. Every sign has the double possibility. But in the case of Scorpio it is either the venomous serpent or the divine eagle that moves in the seventh sky.

The arc between Aries to Cancer is 90°, likewise from Cancer to Libra 90°, from Libra to Capricorn 90°, and from Capricorn to Aries 90°. These 360° are covered in 365 days. Each quarter is covered during the duration by more than 91 days and less than 92 days.  $91 \times 4 = 364$ . But the Earth moves around the Sun in 365 or 366 days. The wisdom books tell us to consider it as 92 days, because any fractional day is always counted as one more day. That is how 365 days are covered, and each quadrant is covered in  $91 + \text{'something days'}$ . That is how it is called 92 days.

That is the reason that for every solstice and equinox you should prepare for three days, the day before, the day after and during the day. Similarly for full moon and new moon. Similarly for ascending and descending 8<sup>th</sup> phase of moon. Similarly for the dawn, noon, dusk and

midnight. For example, if we are to do meridian meditation, it is not that we arrive at the point of meridian. We should arrive a little earlier. So also for the dawn and the dusk. The dawn for us is, let us say 6 o'clock. For all ancient wisdom equator is taken as the basis, because we are all equal at the equator, and wisdom is for those who believe in equality.

### **Working with the Light of Wisdom**

6 o'clock in the morning relates to the dawn, 6 o'clock in the evening relates to the dusk, 12 o'clock at noon represents the meridian, 12 o'clock midnight represents the North. When you conduct your meditation at 6 o'clock, you should ensure that you arrive to the place of meditation 6 minutes before 6 and prepare. Before you invoke the sacred word, you quietly take to your seat, ensure that the system is quietened, ensure that the body is well posited, that there is poise for the posture taken and there is poise in the mind. Then travel from head to foot with the mind and ensure that the body has peace. Orient yourself at the brow centre and keep doing some respirations, so that when you utter OM at 6 o'clock it has a different impact on you. That is how there is preparation for the day.

Likewise for the full moon, new moon and the ascending and descending 8<sup>th</sup> phase of moon. They are required to orient for 6 hours. Here 6 hours is not through meditation. Engage yourself with the light of wisdom or the work of wisdom or contemplation. Distribute the work into meditation, study and service. For the yearly nodal point of time, if possible mentally entertain for 3 days the presence of the energies of solstice. That is how we have to prepare.

Occult wisdom needs occult tools. The mind that you hold is not sufficient to study wisdom. It needs to be trained. To write on this paper, there is a special tool. You can't write with any other tool. You need to train the mind with the tools of occultism before you think of studying occultism. That is what is called the basic preparation. Even if thousand of books are made available, the path through self-realisation is possible only when man develops from within the occult tools.

One of the most important occult tools suggested is a rhythmical living which would ensure adaptation to time. That is the first step. If we cannot organise our time, we cannot get into wisdom. If we cannot respect time, time does not respect us. Time is a serpent, and the power of serpent is difficult to overcome, unless we learn to follow time. We can't do anything and everything at any time and every time. We should know, what to do, when to do, where to do, how to do. We can't have chatting in the kitchen. The kitchen has a purpose. The dining hall has a purpose. The visitor's room has a purpose. The bedroom has a purpose. Every place has its purpose.

### **Reaching the Shore**

The solstice of Cancer relates to reaching the shore by the divine man who descends in Aries, receives the Word in Taurus, details it into a message of life in Gemini, and conducts it in Cancer. Then he is the ruler for the next six months. He carries the people who are inspired by his life and by his message along with him from Capricorn through Aquarius and Pisces, and takes them to the higher realms of life. That is how the cycle of time is utilised by a master of wisdom, and in Aries he goes into higher realms only to receive more energy.

The ascension in Aries which is said to be the Ascension of Jesus in the West is only to come back with greater vigour. It is not to get away somewhere. He comes back again as the Word and conducts through Pentecost. This is how in 50 days he returns, and the whole cycle with

four arms is seen as the cross. He mounts on the cross, and he presides over the cross. Cross is of four arms, and the four arms of the cross are nothing but the cycle of the year. So, an initiate presides over the cycle of the year, and he can easily go beyond the cross, and he consciously comes back to work once again with the cross. That is the work done by all those great ones of the Hierarchy who are already innumerable in number, but chiefly they are 24. They consciously worked in this manner, even before the times of *Buddha* and Christ.

The ignorant ones they are brought through the arc. The bull comes in pairs. The serpent comes out in pairs. The fishes come out and take to water. The eagle comes out and takes to the sky. The man comes out in pairs. They all relate to the astrological signs Taurus, Scorpio, Leo, Virgo, Gemini, Pisces, Sagittarius, like that. The man comes to the shore more as a hunter than a ruler. That is how the ancient doctrine speaks of the double descent of man. There is the concurrent descent of the divine man as also the ignorant man. The stories of the stone age man, bronze age man, iron age man who is traced by anthropology, they all relate to the hunter on the planet. Only the scriptures carry the stories of the divine man who also reached the shore. In the self same man there is the animal man and the divine man. When we are selfish, the animal man is at work. When we are selfless and serviceable, then it is the divine man at work.

A sun sign has to be divided into three parts. One part speaks of the man as a highly individualised, crystallised, selfish, beastly man. Then there is the man who is a bit human who fights to gain some virtues. The fighting is with his own beast. Each one carries his own beast. You have to kill this beast. Fight with the bull in you than to fight with a bull outside and kill it. Likewise the lion, likewise the serpent Hydra. Every sun sign has a beast to be killed within you, so that you gain the related light. The labours of Hercules speak of it. Though the stories speak of external killing, it is internal neutralisation. Every aspirant who turns out into a disciple and later into a master shall have to kill the ram, the ego of the personality. This is also Aries. Then the bull. Bulls are those who do not care for others view points. A bull does not know the limits. Then the manipulation of Gemini: speaking lies, misrepresenting, criticising others, judging others. This is also Gemini. Gemini is not only the messenger of God, but also a messenger of falsehood. Then Cancer. All our emotion is love. Whatever I love, I must get. I don't care for others. Those who come into my way, either I am killed or they are killed. Are not big wars fought for the sake of a lady? There are many stories of emotional love. All movies only show this emotional love. Love does not have an avenue: this place I love, this person I love, this time I love, this food I love. People need avenues to love. That is not pure love. Pure love means: to be in love, to have the ability to love everyone, even the enemy. That love is demonstrated by initiates.

Likewise every sign has its ignorant aspect and its divine aspect. When it comes to Cancer, we reach the shore, and we follow the royal path for six months of the year. Remember the path is royal, if you carry knowledge. Otherwise another six months of slavery will continue thereafter. Then there is no Christmas. Christmas is for those who conduct the six months as kings of their lives, not as slaves, slaves of desire, slaves of emotions, slaves of their own concepts. Please remember, wisdom is also conceptualised and crystallised, and it no more gives life to those who work with such wisdom.

### **Cancer – Entering into the Dusk Hours**

Cancer shall have to be entered with utmost awareness. It is entering into the dusk hours. You are entering into the night. You will have to go through the mid-night before you reach the dawn. You should be much more alert. That is where Cancer offers the clue to carry along with

you the wisdom of the teacher, so that you continue to be in light. The importance of gaining the presence of the teacher is even more in Cancer than in other signs. That is why Cancer is taken as the month of worship of the teacher. Cancer full moon is considered as the Moon of the World Teacher. It is celebrated with great joy in India.

Here we have to understand the four-fold key, where you would consciously work every year with the four aspects and try to do it, if possible, monthly, and, if possible, daily. You know, a disciple also remains alert and awake during the midnight hours. He sleeps only after 12 and consciously works with the midnight hour, where the energies are better presented, because the energies are better experienced in absolute silence. So, he awaits that hour, conducts himself well in that hour, and then gets into sleep only to be awake for the dawn. All the four points can be worked out in their three levels, the daily level, the monthly level, the annual level.

As I said, the Sun, the Lord, is exalted in Aries. That is the highest position for the Sun. South is called the highest point of illumination. For our system illumination comes from the South which is called the system of Sirius, and the Sun brings energies of the Sirius system. This is a clue. Just like Moon represents many other energies to us, Sun also represents other energies. The higher aspect of Sun is Jupiter, and a still higher aspect of Jupiter is Uranus. He can bring the highest energies in Aries, and essentially the sun energy is the fire energy, the cosmic fire which was originally worshipped by man on this planet everywhere. Fire worship is the ancient most worship. In the East, in the West, in the North and in the South, fire was worshipped, and fire has a doctrine by itself.

### **The Sound Aspect of Cancer**

Just two or three aphorisms from the Philosophy of Fire are given to us as the 'Treatise on Cosmic Fire', and it is already a brain-blasting book for the intellect of the current human being. Master *Djwhal Khul* learnt all those aphorisms from Master *Morya*. The sound of fire as conceived by Veda is *RA*. Also the native Indians of North America, they call the Sun that rises in the East, 'RA'. *RA* is the God of fire, and the Sun represents the fire for us. This sun energy slowly transforms to reach the matter, and the sound of the matter is *MA*. That is how the two sounds existed from times immemorial: *RAMA*. *RA* is the spirit, *MA* is the matter. If you say '*RAMA*', you are speaking of the spirit and matter.

Subsequently an incarnation of God is called *Rama*, because he represents those energies. *Rama* should not be seen as a Hindu God. If we say, "The Sun is Hindu", are we willing to accept? *Rama* is a still bigger concept than the Sun of our solar system. These are the original sounds relating to the original divine language. If someone has fear and you give the sound *RAMA*, he overcomes the fear. *RAMA* is the best sound to develop the consciousness that adopts the law of nature and the law of the *Manu*. If you utter the sound *RAMA*, your consciousness develops such awareness that you will not get into unlawful activity, immoral activity, illicit activity. It is not possible. This is what is called 'working with the fire'. When you work with fire, you are purified. When you are pure, you can very easily see, what is not pure.

From the universal standpoint *RAMA* stands for the energies from Aries to Cancer. *Rama* as incarnation is also said to be born from fire. The cosmic *Purusha* is invoked through the fire, and he gave a pot of mysterious liquid. When that was taken, *Rama* was born. That means: it is the cosmic energy that has come to flesh and blood.

## The Number Aspect of Cancer

Sun represents the number potency of 1. Cancer whose Lord is Moon represents the number potency of 2. 1 is the cosmic person, the *Purusha*. 2 is the cosmic nature, the cosmic matter, *Mula Prakrithi* (root matter) in 'Secret Doctrine'. 1 is energy which is distributive. 2 is energy which is receptive. The cosmic nature receives from the cosmic person and conducts the universe. That is how we have 1 and 2 conducting the whole work. 1 and 2 can be read in two ways: The one fire becomes 12 fires. That is how we have the 12 sun signs, the 12 Suns, 12 solar systems as one group, the 12 principles or *Devas* of radiation which are called the *Adityas*.

The 12 Suns and the 12 systems that happen is the work of the cosmic person and cosmic matter: *Purusha* and *Prakrithi*. It can also be seen as number 21. The esoteric doctrine tells us that numbers have to be read from left to right, the way the Hebrews and the Arabs read their books. That system is also prevalent from ancient most times, and in more ancient systems there was a vertical reading. Still we have some languages where the reading is vertical.

Cancer has Moon as the Lord and also Saturn as the Lord for those who follow the path of discipleship. The Lord of Capricorn, the opposite sign of Cancer, is Saturn who becomes the ruler of Cancer for disciples. Sun and Saturn is another important combination. The number of Saturn is 8. 1 and 8 is 18. Many times I informed you about the importance of number 18. It relates to wisdom. It relates to occultism. It relates to the path of fulfilment, called *Jaya*. That fulfilment only comes through *Yaja*. *Yaja* means sacrifice.

If we wish to be fulfilled in life, we should learn how to serve and sacrifice, and not to amass things and suffer from that which is acquired and amassed. An initiate is not only called a king, but the 'king of kings'. Jesus was asked, "Have you come to rule?" He said, "Yes." "So, you shall be the king, the king of Israel?" He smiled and said, "No, I am not the king, I am the king of kings." That was misinterpreted and was informed to the Roman General: There is a Jew who is planning to be the Roman king. Better kill him, before he dethroned the Roman king. He has many occult powers, and he may do it. During the judgement Pilatus asked Jesus, "Are you the king?" He said, "I am the king of kings." Pilatus said, "Do you fight with Romans?" Then Jesus answered, "I am not the king of matter. I am the king of hearts. I have come to rule over the hearts of the beings which is called the kingdom of heaven or the kingdom of God."

The kingdom of God cannot be gained, unless you also rule the kingdom of Earth. Those who amass material wealth, unless they know how to utilise it for the benefit of others, they will suffer from their own material conditioning. That is how all people who have excess money suffer from their own money. They get more and more crystallised and conditioned. It is always important that we should know how to utilise the resources that have come up to us. Anything that comes up to us, has been given to us. We are entrusted with it, and we should function as a trustee, not as an owner.

## Cancer and the Possessive Instinct

People try to own books of wisdom. No one can hold wisdom. If they are lucky, they should think of being held by wisdom. If the wisdom holds us, we don't need to own books, because every time wisdom is available. What is wisdom? Wisdom is the light of the soul. If you walk into the light of the soul, you understand this it is all futile to own anything. All belongs to the divinity, and you should know how to use it. If you have money, you should know how to use it. If you have physical strength, you should know how to use it for others' benefit, not to beat

others, but to help others. If you have mental power, you should use that mental power to benefit others. If you have wisdom, you should use it for others' benefit. Power is divine, and it should be used for the benefit of others, and money is a crystallised power, and it will crystallise you, unless you know how to use it.

We all have to see, if we carry possessive instincts in any aspect of our life. People are possessive, not only physically, but emotionally and mentally. That possessiveness is the caution that you have to learn before you get into Cancer. You stand the danger of possessing. The possessive instincts come to us from Cancer. A Cancer person, if he or she has children, the children suffer. A husband is not free, if his wife is Cancer. He feels suffocated. Likewise, the wife feels suffocated, if the husband has Cancer energy. It means terrible possessiveness.

Cancer is the fourth house and is also the mother aspect. We have to see, how much Cancer each one carries. It is better to see, how much Cancer energy we carry than to see how much Cancer energy the other person carries. Discipleship demands that we see within and see that we expel that which is undesirable in us. If we don't know what is undesirable in us to be eliminated in terms of possessiveness, we should ask a friend. One should be prepared to listen, what the friend says. We are not willing to listen the negatives of our personality. We always want to listen to our positives. If someone tells us our negatives, then we will put him into the red book: bad man.

When we are possessed by possessiveness, we can't fulfil our life. That is the message of 18. The 18<sup>th</sup> chapter of *Bhagavad Gita*, the 18 cantos of *Mahabharata*, they contain 18 occult keys, because 18 are the invisible principles and 6 are the visible principles, and that which is visible is guided by the invisible. So, better get into the invisible principles which are divine and immortal than into the 6 principles which are mortal. A lot was said earlier about 18. I don't want to get into it again. To those who follow the path of discipleship, 18 is the number. This arc gives 18 as the number. That means: We all have to decide, if we are willing to release certain things which we are holding mentally, emotionally and physically. If we release, we are happy. If we hold, we are always in fear. People who hold are frightful of losing.

Things have come to you to be used for others. If children have come to you, they are not your children. You have a duty to give the right background, and ensure that they are submitted as useful energies to the society. That is a ritual. Don't hold them, don't spoil them with ice-cream, chocolates or Coca-Cola. That is not what you have to give as love. It is all emotional love. The real love is to give values to the children. Later you will enjoy seeing them doing wonderful things in life.

### **Message of the Incarnation of *Rama***

18 speaks of fulfilment in life through responsibility and sacrifice. That is what the message of the incarnation of *Rama* is. *Rama* demonstrated how you have to be serviceable. What is your duty to the parents? What is your responsibility to your father and to your mother? What is your responsibility to your brothers and sisters? What is your responsibility as a friend? What is your responsibility as a husband? What is your responsibility as a ruler? Every man in every facet of life has responsibilities, and the sum of all is sacrifice, sacrifice for others' benefit, not sacrifice as you like. Your sacrifice should lead to the comfort and the benefit to others' life. If you wish to be the most refined human being, forget about divinity and other things. Divinity comes next. First learn to be human. Unless you are human, you cannot be divine. For the human the problem is possessiveness. See, what can be possessed at the mental, emotional and the physical plane. Only one thing can be possessed, that is I Am consciousness, and slowly you

will learn that you can't possess it, it possesses you. That is the message coming from the story of *Ramayana*.

*Rama* is also born in Aries with Moon in Cancer. The planetary configuration of the incarnation of *Rama* is of great importance for those who follow the path of astrology as the path through light:

Sun in Aries  
Moon and Jupiter in Cancer  
Saturn in Libra  
Mars in Capricorn  
Venus in Pisces

With Venus in Pisces, you stand a good chance for developing the etheric body. Jupiter and Moon in Cancer enable you to receive very high wisdom.

Saturn in Libra gives you the patience.

Mars in Capricorn gives the inner strength.

These five sun signs with the related planets are considered to be the five exaltations, that one should have, if one is to be an Avatar. These are the best positions which have to be contemplated by each one of us as a five-pointed star, because there is a five-pointed star relating to our solar system which guides the solar system through Neptune. That is another big page of wisdom. Neptune guides five solar systems through a five-pointed star. That is why every one thinks of the five-pointed star in the East. The star comes from the East, (don't think it is from India), it comes from the Sun. It manifests to the Sun. *Rama* is a solar king. The scripture is full of secret wisdom, innumerable keys of wisdom. So, the five-pointed star which brings down the cosmic man to the planet came through the five sun signs as incarnation of *Rama*. Many people who discourse on *Ramayana* also do not know this, because exoteric versions are many. The keys of time and keys of astrology are hidden and known to those who follow the principles.

### **Male/Female Energy**

Cancer represents the female energy. Female in scriptures is to be understood as the energy that is receptive. There is transmitting energy, there is receptive energy. Sun is distributing energy. Moon is receptive energy. That is how planets are seen as male and female planets. Sun, Jupiter, Saturn are seen as male energies. Mars, Moon, Venus are seen as female energies. Mercury is considered neutral. Likewise, all sun signs are either male or female. When we say that a particular sun sign is male, we shall understand that it is predominantly male. But it also carries female energy. Nothing exists in creation without the two. There is no such thing as absolute male energy or absolute female energy in creation. All manifestations are male/female. Even the God is male/female. In manifestation they become two. Beyond manifestation it is one. Even when they become two, one is interlaced with the other.

When the scriptures speak of females in creation, we have to understand that they are speaking of the receptive energies. Everything is received from above and distributed to below. When you receive, your energy is female. When you give, your energy is male. You cannot give, unless you receive. So, you have to be a female to be a male. Likewise, to receive more, you should know how to give. If you keep giving, you keep receiving. This is one of the essential principles of creation.

Moon receives from Sun, from Venus, from Neptune, and distributes the energy. So also the Sun. The Sun is male to the solar system, but is feminine to the system higher than the solar system. Sun receives from Jupiter, from Uranus, from Neptune. Sun receives from the Central Sun. To us the Sun is male, because we can't give anything to the Sun. There is little we can give to the planets. We only receive from the planets. So, the planets are all males in relation to us, but in relation to their higher counterparts they are female.

The root matter *Pakriti* receives from the *Purusha*, the Person. So, the Cosmic Person and the Cosmic Nature both of them receive from the higher circle which is called 'the beyond'. That which is beyond has no name, no form, we can't speak much about it. That is the Absolute God. He is beyond the creation, and He helps the creation. It is not correct to say, "He is beyond." It is not He, it is not She. That is why the scriptures mention that which is beyond as THAT or IT. Beyond creation it is THAT or IT. In creation it is He and She together. So, He and She are presented to us through Aries and Cancer, the first quarter of the year. Aries is He, Cancer is She. Aries works vertically, and Cancer works horizontally.

The nine numbers are divided into three categories:

number 1, number 5, number 7 – male numbers

number 2, number 4, number 8 – female numbers

number 3, number 6, number 9 – cyclical numbers

If you understand the numerical potencies of the numbers, you have the understanding of the male energy, the female energy and the cyclical energy. Among the numbers 1, 5 and 7, number 5 is considered as neutral.

Cancer represents number 2, the receptive sun sign. That means, it is the first sun sign in the zodiac which is receptive. Aquarius is also receptive. It has number 4. Capricorn is also receptive. Its ruler Saturn is number 8. Cancer enables good reception. Meditation requires receptiveness. That is why meditation is occultly considered as a negative activity. Negative does not mean something bad. Negative means receptive in occultism. Many have understood the receptive aspect of feminine energy as bad, and hence there is no proper understanding of the scriptures. Women were shown as persons who conducted a disturbance to a good activity. It is not so. It should be understood as a means of stepping down the energy. Unless Eva had eaten the apple, there would have been no creation. It should be understood as a period of involution for manifestation of the creation.

Only the nature has to create. Our nature makes our creation. Each one of us has his/her own nature, and according to the quality of our nature, we have the quality of our life. It can be a quality that gives happiness. It can be a quality that gives conflict. So, nature prepares. Nature conducts the modifications. When the Cosmic Person reflects upon nature, nature develops force, nature becomes pure consciousness, nature details into the trinity. Nature should be seen as force, as consciousness and as the gradations of matter, from root matter to gross matter. The Cosmic Person lends presence. The modifications happen with *Prakriti* or nature. That is why *Pakriti* or nature is said to be ever-modifying. It continues to modify. Change is its character. Change is constant in creation. Everything moves due to the movement of energies. This force as also the awareness, they are due to the ability of the nature to receive the cosmic energy.

The Cosmic Person is stable, and with Him as basis, the nature conducts the whole creation. Necessarily there are two forces that emerge as the primary emergence: light and darkness,

male and female, negative and positive. The interaction between the two causes the whole creation.

Cancer represents that nature. It is related to the waters of the ocean. Cancer waters are considered as oceanic waters, and hence they have ebb and flow. There are high tides and low tides, i. e. times of peace and times of crisis. It is so true even with the beings and their nature. They are constantly at motion, keep moving up and down, and generally do not have the needed stability – because it is nature. If the beings shift to the male part in them, then they gain stability.

### **Meditation – the Reception of Light**

The whole work of meditation is to orient the nature to its male counterpart and to be receptive to the higher energy, to be receptive like a lotus, ready to receive the solar energy. The lotus prepares itself to receive the solar energy. Then it unfolds further. If there is no solar energy, there is no unfoldment. In us also there are lotuses. There is a lotus at *Muladhara* with four petals, a lotus at *Svadhithana* with six petals, a lotus at solar plexus with 10 petals, 5 upwards, 5 downwards, a lotus at *Anahata* with 12 petals arranged in four triangles, and a lotus at *Visuddhi* with 16 petals. Then there is a lotus at *Ajna* which chiefly has two petals, and the two petals have many details.

The work of meditation is to orient the lotuses of the nature regularly to the solar energy. That is how the sunrise hours are considered very important for meditation to receive the solar ray. When we consciously receive the solar energy, then the lotuses unfold in us. Otherwise the lotuses will slowly become globes, and their movements become circular. When we are not receptive to the solar energy, the lotuses will deteriorate into *chakras*. *Chakras* mean energies that move in circles, like the wheels. It is a kind of whirlpool energy, and it should be replaced by a lotus which is an unfolding energy. That is why we are never recommended to contemplate upon the *chakras*. To visualise a white lotus at the brow centre (not *Ajna*), and also to visualise the solar energy being received by the lotus for distribution into the whole system through the other centres is a very important activity. Don't think of *chakras*. Think of lotuses, and visualise a white lotus at the brow centre when you are in meditation, and visualise that the rising Sun is bestowing solar energy through the brow centre.

At the brow visualise a white lotus as brilliant as you can imagine. Also visualise that the solar ray is making it more and more brilliant. That is the very purpose of chanting *Gayatri* in the morning. The essential meaning of *Gayatri* is: *Let that light which comes from beyond the Sun may reach me and embrace me, fulfil me and alert me*. As much as you orient to the solar energy, so much you are able to energize yourself. Your nature gets charged with the energy of the Cosmic Person. That is the first work to be done in the morning. Anything else can come later. A nature that is anointed with light is brilliant enough to conduct the work. Otherwise it is groping in darkness.

You know the Indians are called *Bharatyas*. *Bharatyas* are those who are in love with the light. A *Bharatya* is filled with light. Through continuous reception of the solar energy into oneself one becomes a *Bharatya*. There was a time in India, where a person was not considered human, if he had not contemplated upon *Gayatri*. Without contemplation upon the solar light, the man is considered beastly.

*Rati* means 'lust'. It is not love, it is lust. Lust is stronger than love. If you have lust, you cannot sleep. If a man has lust for a woman, he cannot sleep. If a woman has lust for a man, she

cannot sleep. The word 'lust' is used in the term '*Bharat*'. *Rati* means lust, *Bha* means light. So, it is lust for light. That means: Without light one cannot sleep. To him the most important thing is the reception of light. It was like that in the past. That is what we are trying to do through meditation and through chanting of *Gayatri* during the sunrise hours, during the noon hours, and during the dusk hours: to receive the sun light.

Meditation is to be considered a receptive activity, a feminine activity, a negative activity. In the book "White Magic" Master *Djwhal Khul* says, "The activity of meditation is a negative activity." It surprises us. When it is a negative activity, why should we do it? So, it is to be understood as a receptive activity. Every sunrise promises transmission of such higher energy. A man who lost a sunrise has lost for the day. Only when there is a lot of inertia, aversion, indifference, ignorance in its height as arrogance and pride, one does not get ready for the sunrise hours. It is like the Master visiting you and you sleep, and the Master of the solar system visits you every morning. If you are not prepared to orient to receive, you are not ready for reception of light. There are many people who prefer to sleep in the morning hours. That means, for a few lives they are not ready to work with light. This is how it is seen from the occult standpoint.

Master EK very specifically stated: "People who are not quiet and who are not with good orientation during the morning hours and who are not inclined for the reception of the energies of the dawn, can forget about occultism for this life." It all depends upon your *karma* of yesterday, if you are ready to get up in the morning. If you engage in useless talks and useless activity till very late in the night, you can't get up in the morning. So, it is the past *Karma* that disables you to get up in the morning. Faces in the morning which are not pleasant, they give a clear message, that they are not ready for the work. You are expected to keep a very pleasant attitude, when you start working with meditation. An unpleasant attitude before meditation does not enable meditation to happen, because you are not ready for reception. Your mind is preoccupied with unpleasantness. A pleasant attitude in the morning hours can be developed through constant orientation to light. That orientation is called 'the activity of reception', and that reception Cancer can give.

Moon in Cancer, Sun in Aries – the Moon is the nature, the Sun is the consciousness. So, you need to orient the nature to the consciousness. That orientation is meditation. The receptive activity of Cancer offers the greatest benefit, if you orient to the light. If not, it is a very troublesome ocean, full of ebb and flow. It creates its own misery. It also can create an activity of light. This is an important aspect of Cancer.

### **God Father – God Mother**

Lord as Solar God is worshipped during the first nine days of the lunar month of Aries, and the Lord as Mother is worshipped for nine days in the month of Libra starting from the first phase of Moon in Libra. The festival relating to Aries is conducted in the name of *Rama*, because the arc from Aries to Cancer is *RA MA*. Likewise, the Mother is worshipped in Libra as *Durga*, the impermeable one. Darkness is impermeable, and only the light in darkness can lead you through darkness. The Mother is seen as the light in darkness, and the Mother presides over the World, and hence the matter. To ensure that we are through the matter, the Teacher and the Mother are worshipped during the royal arc, and the divine, the solar God, the fire, is worshipped along with the Teacher during the divine arc. Man is said to be born in Aries, and he sets in Cancer into matter, and falls deep down into matter in Libra, raises once again in Capricorn, and reaches his original state of divinity in Aries. This is how the solar year is conceived

## The Ruler and the Hunter

When we reach Cancer, we have reached an important point through Noah's Ark. We reach the shore, and man enters the land, both as the ruler and the hunter. The stories of hunter and the soul as the divine man who also accompanies the hunter are well described in the eastern scriptures. That is why the eastern scriptures say that man is divine, and the animal man is a vehicle for the divine man. The evolution of man is seen as the divine descent as also the material ascent. The animal man, the hunter, goes through the stone age, the iron age, etc. and is known to be uncivilised. But the divine man also has his work on the planet, where he comes down as the teacher and as the king. Initiates have also come down as teachers and as initiated kings, and they gave the rule and the law, and they gave the animal man the way to live, the law to live, the way to cultivate the land and gain the products, the way to build houses, to live in communities, to milk a cow – all this was taught by the divine man to the animal man.

This is how the initial Solar Kings conducted the work for the benefit of the animal man. There is as much work of the divine man as that of the animal man on the planet. That is why the theory of Darwin is considered incomplete from the standpoint of the eastern doctrine of wisdom. It is not correct to say that man is an evolution from monkey. Madame Blavatsky describes the whole thing for about hundred pages in "Secret Doctrine" to prove the impossibility of a monkey becoming a human. The body relating to man got evolved from time to time. But the size of the human brain cannot be compared with the size of any other animal brain. The scriptures in the East say very clearly that man is a double being: the divine man or the heavenly man as also the mundane man.

So, in Cancer there is the meeting of the divine with the mundane. When the mundane dominates, the divine rests in the mundane. The divine does not believe in domination. Please understand, divinity has no aggression. The essential quality of divinity is poise. There is neither over-action nor under-action. Divinity prefers to rest, if the mundane man is active. But if the divinity is evoked by the mundane, then the divinity acts. Divinity acts on request. Unless asked, it does not act. It prefers to be in poise. A request is to be made to make it dynamic. So, the dynamic activity of the divinity can be gained through invocation. That is how meditation is taught. Meditation is orientation of the lower man to the higher. When the lower is fully aligned with the higher, then the bridge is built. That bridge is called *Anthakarana*.

The lower man is represented in the scriptures as a triangle inverted with his physical body, senses and the lower mind which knows how to make the senses and body work. The mind of the body knows what the body needs. It always takes care of the body. If the body needs water, it demands water. If the body needs food, it arranges food. If the body needs rest, it will arrange rest. So, the mind is the manager of the body. This is the triangle relating to the body of the man which is an activity of the creation, the nature. It took time to prepare the human body. First the mineral kingdom was prepared. Then the plant kingdom was developed which carries the sensation. Then the animal kingdom, and through the animal gradually the form of man was developed. This development took time.

If you read "Secret Doctrine", you know that this planet is in existence from 30 Mill. years. Only since 18 Mill. years the human is there on the planet. So, the first 12 Mill. years were required to develop the planet in relation to various forms, to the mineral kingdom, plant kingdom, animal kingdom, and then to the animal man, the cave man. Then 18 Mill. years ago the man came. That is why man is said to be twice born. He is received for the second time. One is the hunter who came before. Then came the divine man. That is how man became a double being.

He, too, is a triangle. The mind of the divine man is called *Buddhi* or the light. The sensation that the divine man carries is called love. The desire of the divine man is called will. There is a centre for the lower man, and there is also a centre for the higher man. The centre of the lower man relates to the mind or the solar plexus, and the centre of the higher man is called the soul which exists at the *Ajna* during the wakeful hours and exists in a higher heart lotus which is called the 8-petalled lotus and is located between the throat centre and the heart centre.

When the books speak of building the bridge, it is building the bridge between the solar plexus and the *Ajna*, and this bridge is called *Antahkarana*. From the mental plane there has to be a link to the *buddhic* plane, and that gap has to be filled for the divine to function through the human, if the human orients to the divine. That is why there is the invocation of light, love and will relating to the divine. The divine can descend only when the mind and the related personality follow the law of the divine. When once the law is established, then the order is established in the human. When there is no order and still crisis and conflict prevail, an important person will not come to you.

This law comes from the higher systems, and the order is important for the divine to descend. Order comes through adaptation to the law. Unless law is accepted and worked out, order does not happen, and unless order happens, law is not established, and hence the divine cannot come. He only sends the police! The police comes through Saturn. Saturn is the police of the divine. Pluto is the special police. Mars is the general police.

We want the Avatar of Synthesis to manifest. He likes to manifest. He is waiting since 127 years to manifest, and his soldiers are working on the planet. They have to give him signals: "Now all is okay, you may please come!" Unless those signals come, the Avatar of Synthesis cannot come. Likewise, the Master cannot come into your life, unless there is some order in your life. The Master keeps informing you, how to live in order, how to live in rhythm, how to adapt to law, and how to playfully work with the law. The judges have to decide, if you are following the law. That is how the judges have come. They inform, if you are following the law or not. Once it happens, then He can descend.

### **The Work of Receptivity to Law, Order, and Rhythm**

The entire work starting from Cancer is one of receptivity to the law, to the order, and to the rhythm, and to follow such rhythm, law and order. That is why Jupiter is also considered to be the Lord of Cancer. If the law is not followed, then Saturn will come from the opposite direction. The opposite sign to Cancer is Capricorn, and the Lord of Capricorn is Saturn. When you don't listen to Jupiter, Saturn is at work. Jupiter informs the law, Saturn gives the punishment relating to lawlessness.

There is a beautiful internet working between all the planetary principles. That is how people who wish to follow the path of discipleship, they should take to the Saturnian discipline. That is the reason why Saturn is said to be the ruler in Cancer for disciples. Otherwise Cancer only helps the emergence of instincts, emotions and impulses. The animal man has many instincts, and all his instincts play havoc through the five senses and also through the speech. In six ways there is the upsurge of the animal man. Then what happens? The Sun disappears. Moon is not visible in the sky. Total darkness! Man works according to instincts, impulses, desires, sentimental feelings and all six negatives of emotions: anger, hatred, illusion, pride, prejudice, jealousy.

These are the common factors at work with the man who is not linked to the divine. He keeps on accumulating *Karma*, and *Karma* keeps manifesting through cycles resulting in thousands of incarnations. Moon keeps on giving the memory to the instincts and impulses. Saturn stores them and supplies some more instincts. Many times we think in relation to one undesirable activity, that it should be enough. That is Moon's idea. But then Saturn once again brings some more stock to the surface.

If you eat three ice-creams, the mind says: "Enough!", and you feel you have eaten enough ice-cream for at least one month. But then in 2 ½ days Moon changes the sign. Then Saturn freshly supplies the desire of eating an ice-cream to the Moon, and the Moon reluctantly accepts. It can be with ice-cream, it can be with smoking, it can be with drugs, it can be with sex, it can be with speech, it can be with regular actions. From time to time the mind gets satisfied due to Moon, but the deeper mind called Saturn keeps giving you your past instincts.

You know the cycle of Moon is 30 days. The cycle of Saturn is 30 years. Moon transits a sign in 2 ½ days. Saturn transits a sign in 2 ½ years. So, 30 days in proportion to 30 years, one month versus 360 months (30 years = 360 month). So, 360 times Saturn is deeper. The mind may remember this life activity. Saturn remembers your life for 360 years. Whatever you think of you, it is only your superficial understanding. That is why Saturn gives a deeper insight into the consciousness of the human being. No astrologer with his intellect can get the secret which Saturn can unearth. It only requires an initiate who has intuition. Such is the work of Saturn who works from the opposite direction.

Like that man develops his nature over years and concretises all his habits that are not in tune with the law, and consequently he suffers. So, the only recourse is again to Saturn. That is the reason Master *Djwhal Khul* speaks of the 7th Ray and Saturn all the time. Without that there is no way. Every teacher speaks of the Saturnian discipline to start with. If it is not acceptable, the person is not ready. The teacher knows, that those who don't accept the Saturnian discipline are the ones who still don't want to get into the path. Those who get into it, keep receiving more and more rigorous discipline. For example, for rituals, when the same spoon which has been used previously, is not found, the teacher can be fiery. That is discipline. If the implements relating to the ritual are not clean, the teacher will be fiery. Even slightest uncleanness or disorderliness is not tolerated. It looks as though the teacher is the most impatient one. It is not like that. He has all the patient, but he is on a job. He does not permit compromise.

There is a statement which every disciple or aspirant should know: Occultism does not permit compromise! If a teacher accepts an aspirant, his Saturn will start working. If a teacher does not accept an aspirant, he continues to be pleasant like Jupiter. So, if you are within the aura of the teacher, the teacher is Saturn. If you are distant to the teacher – not in terms of physical distance, in terms of consciousness – he is pleasant. A teacher is considered pleasant to the distant, but fiery to the proximate. Cancer/ Moon versus Cancer/Saturn. Cancer/Jupiter versus Cancer/Saturn. This is an aspect which you have to note, when you think of Cancer.

Master *Djwhal Khul* says: "All feelings are emotions." The statement is like a bomb to destroy feelings. If you wish to follow a Master like Master *Djwhal Khul*, you should have burnt up all your feelings. Impressions you can carry. Feelings mean emotions according to the occult understanding. Unless the emotions are gone, you cannot gain impressions. There are higher comprehensions which give you a greater joy and contentment than the emotional feelings. Emotional feelings discharge your energy. Divine comprehensions energise you in a geometrical proportion. The teacher does not want that the aspirants get discharged of their

energy. He would like the aspirants to gain geometrically the energy in multiples. That is why he works on you and your sentiments, on your feelings, on your instincts.

We don't know what we carry within us. We think that whatever our Moon comprehends that is what we are. Moon can give a comprehension relating to us which is, say 1 foot depth, but the teacher can see the instincts that you carry up to 360 feet depth, and the work of excavation takes a long time, because if we are excavated in one life, we may die. That is why he makes a programme for 12 lives. That mean 360 feet is covered in 30 measures. That is why he works with the Jupiterian cycle while working with Saturn. He may say to please you that it is 12 years, but when he says 'years', it is symbolic. Each incarnation is a year. He also has marketing strategies: 12 years could be 12 incarnations, because one incarnation is one cycle, and a cycle is called a year.

You know there is a trick with the Sanskrit word of year. Year is called *Samvatsara*. *Samvatsara* has many meanings. It is one solar year. It is five solar years. It is twelve solar years. Its highest cycle is 60 solar years. To which *Samvatsara* the teacher is referring we don't know. He allows us to carry our own understanding of *Samvatsara*. (What I am telling you is of course in a lighter way.)

So, the teacher works on the emotions, impulses, instincts, and the lower nature of man which requires to be set in order. That is the work one has to do with one's own Cancer. As long as there is something called lower nature in us, please understand that we carry Cancer. Don't say, "I don't have anything in Cancer." If you clear the lower Cancer, then the higher Cancer will appear.

Better we know what we have to do with our lower Cancer. Therefore three exercises are given:

1. Contemplation of the golden yellow colour
2. Respirational exercises to eliminate the astral and lower mental currents
3. Meditation upon the moon light, called silver

These are considered beneficial to neutralise the malefic effects of Cancer which would enable orientation of the lower man with the higher.

Silver is the metal relating to Moon, and Moon is related to Cancer. Cancer, Moon and silver go together. If people have a fickle, unpredictable mind, highly inflammable mind and if you give silver through homoeopathy, one can balance the idiosyncrasy of the lower mind. That is why *Argentum nitricum* is suggested in high potencies, where mind is at the verge of becoming anything. When there is absolutely no stability, excessive fear, excessive anger, excessive anxiety, excessive jealousy – any emotion in its excess can be treated with *Argentum nitricum*. The poison of fright and power can be cleared with *Lachesis*. There are so many ways you can work with homoeopathy to set balance to the system. In future homoeopathy will be seen as an excellent tool to give a temporary balance to the system, but not a permanent balance. The permanent balance only comes through the occult practice.

### **The Colour Aspect of Cancer**

By virtue of Saturn working from the opposite sign, the colour of Cancer is considered deep green. This is the colour of the lower nature: deep green. When you introduce golden yellow to it, it can become light green. Hence, the first meditation or contemplation should be about the golden yellow colour. From *Ajna* fill the golden yellow colour into the entire cerebro-spinal

system, and then through the nerve centres into the nervous system. Fill the whole system with golden yellow colour. The morning Sun who appears like a golden disc and the golden light that he sheds is of great importance for the aspirants. The golden yellow colour relates to Sagittarius, the preceding sign to Capricorn. Capricorn is the dawn, Sagittarius is said to be two hours before dawn. Sagittarius is considered to be the messenger of the dawn. Golden yellow colour is the messenger that the white light will come soon. Sagittarius is the energy of frictional fire, Leo is solar fire, Aries is electrical fire.

You are now working with the frictional fire to transform the body and the material relating to the body. Body means the physical, the emotional and the mental. All these three layers of the body are regularly filled with golden colour. Please remember, the colour of our etheric body is golden yellow. So, contemplation upon the golden yellow colour inaugurates the birth of a healthy etheric body also. This is the work to be done for long years until you can feel at will the golden yellow. Slowly you will start knowing that essentially you are gold in colour.

Light green has more yellow in it, i. e. the golden yellow has worked upon the deep green colour and made it very light and transparent. That is how the work of Sagittarius gives a direct connection to its opposite sign Gemini. That means, from Cancer you have ascended to Gemini in the reversed way. Here is the technique to reverse the wheel. You get back to Gemini from Sagittarius, because Gemini/Sagittarius are complementaries, just like Cancer/Capricorn are complementaries. All the 12 sun signs are nothing but 6 signs, they appear as 12, and the 6 are only 3, and the 3 are only 1. It is just unfolded. 1 to 3, 3 to 6, 6 to 12 – you should know those techniques so that you can refold to gain proximity to the original.

So, from Sagittarius you reach Gemini whose colour is greenish blue, aquamarine. Remember, Cancer which also represents the ocean reflects all these colours. It can reflect deep green, it can reflect golden yellow, it can reflect aquamarine. When you continue to work with the golden hue, when the material relating to your body is transforming due to the frictional fire which is initiated, the colour and the vibration relating to your body change. Then you reach the throat and you take to the discipline of the throat which relates to the speech. It would further transform the aquamarine colour into blue of Taurus.

From Cancer to Gemini, from Gemini to Taurus – that is how the golden yellow colour leads you to light green. Light green leads to aquamarine, aquamarine leads to the blue. In Taurus beauty beyond form is realised as love. Beauty in the higher aspect of Taurus is love. It is not identity of beauty with the form. The Venus of Taurus will bestow the etheric body which is an ascent from the body of the flesh and blood.

When you are at the throat, you also get the inclination to get deep into occult study and practice which would also contribute to the work of Mercury. Through Saturnian discipline and interaction of the Jupiterian golden colour Mercury is gained. Working with wisdom and practising wisdom as a way of life, man ascends to the brow centre. Brow in Sanskrit is '*bru*'. *Brumadya*. Centre means '*madya*'. The brow centre is the highest point for the human to reach and to be proximate to the divine in *Ajna*.

That is how from Cancer there is the ascent. From the lower nature to the proximity of divinity through colours and the related discipline, through speech and the related discipline and through living a life of wisdom the ascent happens. Then the ascent of Cancer is complete.

The lower nature will not come in the way in your efforts to gain proximity with the soul. All hindrances are gone. All past *Karma* is worked out, and it can be gained through the patience of Saturn. That is how Saturn stands as the first teacher, Jupiter as the second teacher, Mercury as the next one, and then Venus gives the related experience.

Capricorn, Sagittarius, Gemini and Taurus – this is how there is the colour ascent. This has to be practised with regularity. Having reached the blue of Taurus, you can think of contemplating upon the silver, the moonlight. There is a meditation given by the Hierarchy at this stage. It is a beautiful meditation which is already available in the books. I have picked it up to represent it to you. If you just take the thought relating to it, you feel already elevated.

*Moon is silver  
I am the lake  
Lake is moonlight  
I am healed*

(Feel that the lake of your being is filled with moonlight. If you regularly feel the moonlight in your being, the effect is: You are healed. The first effect of the colour meditation is healing.)

*I am silver  
In me the moonbeam awakens  
I am moonlight  
In me the Sun is sealed.*

This is how you can embrace the Sun. Embracing the Sun is what is given in *Gayatri* also: *Tat Savitur Varainyam*. That light which comes beyond the Sun through the Sun embraces us. This meditation is conceived and given as a *Mantra* in English.

Master CVV believed in giving *Mantras* in English, and Master EK has been a good messenger of the teachings of Master CVV. Those of you who care to work with the meditations given in “Spiritual Psychology” may have noted them in the book. But the mind is always busy. It erases important things and retains unimportant things. This is the speciality of the lower nature. That is why we miss treasures and collect stones. A *Mantra* has its power in the sound, not only in the meaning. Hence learn to do it in English only! In certain things there is no compromise. It is recommended to be worked with during the entire month of Cancer. It is also recommended to be worked with until the lower nature is transcended. Thus, Cancer can become the ocean of the heavens.

There is the ocean of the Earth, and there is the ocean of the heaven which is called the space waters. The lower nature is like an ocean. It has many impressions of the lower nature, the lower worlds or the mundane worlds. Inferior Cancer has tremendous and profound impressions relating to the mundane things. It does not permit the divine impressions. The higher Cancer which is also called the ocean, but the ocean of the sky, the ocean of the space, contrary to the oceans of the Earth, also has a tremendous ability to impress. It carries so many impressions of the cosmic system, and accordingly the space waters prepare the creation in due and ancient form. As it happened before, it happens now.

**Vertical – Horizontal**

Just like the lower nature repeats you with your lower principles, so also the higher nature repeats the same cosmic, solar and planetary manifestations. The lower nature functions in tune with the higher nature. The difference is in quality. The lower nature functions in relation to horizontals, in relation to objectivity. The higher nature functions in relation to verticals, i. e. in relation to higher centres, higher circles. Receiving from higher circles is a vertical action. Distributing into objectivity is a horizontal activity. Receiving from vertical and distributing into horizontal is the natural activity. Receiving horizontally and distributing horizontally is mundane activity. Studying an available book and reproducing what is there in the book is a horizontal work.

Receiving or studying from higher centres and distributing it to objectivity is a natural teaching. It is always fresh. So, man is a vertical being essentially. He is supposed to receive things vertically and distribute them horizontally. Mere horizontal work is horrible work. It is boring. It does not inspire people. Inspiration is possible, whenever there is a vertical descent. Man being a vertical being is capable of receiving things vertically. All beasts move horizontally. Man remains only a beast, if he knows only horizontal transactions. Unless he gains vertical action, he cannot be considered as man.

It takes 6 hours for the beast to become man. Pythagoras says, "From horizontal to vertical it takes 6 hours." So, we have to grow vertical, and for that we need to work with colour, sound, symbol, and the law: the law of time, the law of alternation, the law of pulsation, the law of periodicity, the law of involution and evolution... so many laws which are more interesting than the man-made laws. You need to obey the man-made laws, so that your horizontal activity is not disturbed. You need to take to the natural laws, so that you gain the vertical activity. That is why for purposes of meditation also it is recommended that you keep your vertebra vertical. Vertical vertebra enables vertical ascension. It makes it easier. That is why verticality is suggested. Verticality in action means: adherence to the law in every aspect of life. The colour meditation can help in the sub-conscious levels to change the deeper nature in us. It is not a mystery. Colour is the preceding manifestation to matter, and sound is precedent to colour.

Through sound and through colour, the forms take place. By introducing better colour vibrations you are causing a change to the mental matter of your body. To work with sound is considered much more effective, because sound is superior to colour. Sound can manifest colour, and hence working with sounds can also cause the related transformation, so that a better nature can manifest. Otherwise we remain the same with any numbers of years of information. We keep listening, but only the lower nature prevails. What purpose is served? Some kind of illusion that we are following a great Hierarchy of teachers! What is important is to note if there is any change for the better in us. Does not the stone transform into a precious stone? The magic of the nature is such, that a coal piece can become a diamond. So, nature which is as dark as coal can become as brilliant as a diamond. Nothing is impossible with nature. We need to take the right implement and to work with.

## **The Work of Respiration**

We shall now consider the work of respiration in relation to Cancer. Cancer is the 4<sup>th</sup> sign of the zodiac and functionally it works with respiration. Respiration, pulsation, circulation of blood, the functioning of the lungs with the help of air is the chief function of Cancer. Cancer causes the related respiration and presides over respiration. If we learn to work with respiration according to a specific process, Cancer helps us to regulate the life force.

The 4<sup>th</sup> element is air, the 4<sup>th</sup> *Chakra* is the heart, the 4<sup>th</sup> step of *yoga* is *Pranayama*, the 4<sup>th</sup> kingdom on the planet is the human being. The planet we live in is the 4<sup>th</sup> in the globe chain. So, there are many correspondences to Cancer in relation to the 4<sup>th</sup> aspect.

Due to its functioning with air, Cancer is connected with the airy triplicity: Libra, Gemini and Aquarius.

The air of Libra functions from solar plexus up to the feet. It is called *Apana*. The life principle is governed by *Apana*. Its function is to expel carbon.

The mid-air of Gemini rules over the higher part of the human body, from the heart centre up to the bridge of the nose including the eyes, the mouth, the throat, the lungs, the shoulders. It is called *Prana*. Its function is to inhale oxygen.

If more carbon is expelled, more oxygen can be inhaled. If more oxygen is inhaled, more carbon can be expelled. Thus one can gain a lot of life force through these two contrary airs. Libra air moves more into the lower planes of existence, more into objectivity. Gemini air takes you more into subjectivity. Libra is therefore considered as the energy that pulls you to passion. To ensure that you are not pulled into passions, into indulgences, and the consequent *Karma*, Gemini helps. Libra has downward pulling energy. Gemini has upward pulling energy.

The air that connects Libra to Gemini, the energy of equilibrium, the air of equilibrium, is called *Samana*.

The spiritual air of Aquarius pervades from the bridge of the nose all those centres covering the brain up to *Sahasrara*. The occult work is to link up the three airs. Libra air should be connected with Gemini air. There is a gap to be filled. That gap is between the heart and the solar plexus and is filled with another air called 'the air of equilibrium' which can be gained through the effective working of the centre at the diaphragm which is the demarcating line between the heart and the solar plexus.

The spiritual air is called *Udana*. Madame Bailey calls it as *Upana*. It is a small mistake in getting the impression. *Udana* means the highest air: *Ud ana*. *Ud* means the top most.

The air of Aquarius, the spiritual air, occupies the brain – *Udana*

The air of Gemini, the mid-air, occupies from brow to heart – *Prana*

The air of Libra, the lower air, occupies from solar plexus to the feet – *Apana*

The equilibrating air which is at the point of the diaphragm which is the centre of Leo functions at the diaphragm – *Samana*

There is an all-permeating air called *Vyana*. It distributes the life force to every nook and corner of the body.

These are the five chief *pranic* principles of one *Prana*. *Prana* means life force or vital force. This vital force comes to us during the dawn hours and 42 minutes before the dawn and 42 minutes after the dawn. The Sun supplies the life force, and man can receive it by working with respiration during those hours. That is why morning hours are again recommended for the work of respiration. Though not very convenient, all spiritual practices commence before dawn and conclude by 7 o'clock. Dawn from the occult standpoint can be taken as 6 in the morning. Dawn hours are for upward movement. Dusk hours are for downward movement.

The life force comes from the Sun, and we have centres to receive it. The shoulder blades and the spleen receive the life force into the vital body of our being. There are points of reception at the shoulder blades and also at the spleen. These centres are receptive to the *pranic* force. It is the work of respiration. It is not *Pranayama*. *Pranayama* is the ultimate result of the respirational work.

What Madame Bailey speaks about *Pranayama* is not the ultimate. *Pranayama* means *Prana* regulated. If *Prana* is regulated in us, it is in perfect balance in us and we don't have to respire. That is called *Pranayama*. *Pranayama* is cessation of respiration. Can you imagine that? It is a reality in the work relating to respiration. All *Yogis* do that. Those who work with respiration reach that status. Medically we cannot check the pulsation. If we check it, it looks as if there is no pulsation in the body. The whole pulsation withdraws into subtle pulsation. One of the grand Masters of *Kriya Yoga*, *Lahiri*, he demonstrated it many times. For all clinical purposes he is dead, but he is alive. *Sai Baba* of Shirdi also demonstrated it for three days. There was a demand from the locality that he should be cremated, because if you keep the body like that it may spread cholera. Master CVV demonstrated it 18 times. Clinically they are dead, but they are living. That is possible only for those who have accomplished *Pranayama*. Just like working with sound and light leads you to the truth, working with life force also leads you to the truth.

So, the respirational exercise suggested in Cancer basically enables us to transcend the emotional nature by working with the air of Gemini and the air of Libra. The same work is conducted by Master CVV, the Master of the Aquarian Age. Staying in the spiritual air of Aquarius he initiates people during the mid-air of Gemini. The 29<sup>th</sup> May falls in the sun sign Gemini, and it is called May Call.

### **The Call of the Master**

From Gemini with the help of sound he lifts the air of Libra to Gemini, so that the beings that are stuck with the earthy aspect are lifted up. When we invoke the Avatar of Synthesis, we say, "*The Avatar of Synthesis who is to come, let his energy lift up the Earth to the kings of beauty.*" The lift up is from Libra to Gemini. That is the call of the Master. The Master comes up to the throat from the brain. He remains in *Udana* air, the spiritual air, the Aquarian air. He steps down to Gemini air and pulls you by the tuft from Libra up to Gemini. The whole work is at the throat centre. That is why he says, "I work up on your throat." He catches us by the throat. We need to interlink one aspect with the other like the sun signs with the airs and then the airs with the centres in the body. Don't think wisdom consists of just different compartments. Yoga, Bhagavad Gita, White Magic, Cosmic Fire, Secret Doctrine, Occult Meditations, Old Testament, New Testament – don't think they are different. It is One Life and One Light presented in thousand ways. In the original scriptures the secrets are well preserved, and they can be gained, if you are vertically lifted up.

The sign of Libra has two horizontal lines. So, Libra air mostly works in the horizontal manner. It is the solar plexus activity.

The sign of Gemini has vertical lines. Both sun signs are airy signs with the difference that one is vertical, the other is horizontal.

How are the lines of the sign of Aquarius? They are electrical. They are the electrical waves in space which we shall come to at the highest aspect of Cancer. Those electrical waves are created by Neptune in association with Uranus.

Aquarius relates to the work of Uranus with the help of Neptune.

Gemini relates to Mercury.

Libra relates to the passion, the inferior aspect of Moon, the inferior aspect of Venus, the inferior aspect of Mars. But don't think Libra is only that. Libra has many other dimensions. Every sun sign is as sublime as the other.

The sun sign Cancer works with air. It has everything to do with air, so that we don't fall into the waters of the West. The immediate work is to link up *Apana* and *Prana* with the help of *Samana*, the equilibrating air. That is why we have to consciously work with inhalation and exhalation. We don't inhale adequately, we don't exhale adequately, and we don't use our lungs to their capacity. The major part of the lungs remains unused. Their capacity is 4 times more than what we inhale. That is why we should start working with inhalation. If we inhale fully, then we exhale fully. When we don't inhale fully, naturally we don't exhale enough. So, it is a double default. Not receiving adequate oxygen keeps the energy system below normal, and not exhaling carbons settles our life force or the energy at sub-normal levels, and hence, we have sickness.

### **Subtle Food of Air and Light**

If the life force is strong, the changing seasons have no impact on us. Hot summer, cold winter, and heavy rains have no impact. We don't have to secure ourselves with air-conditioning, making it warm in the winter and making it cool in the summer. By the external arrangement the internal arrangement is gradually put to death. When there is excessive external dependency, the internal support mechanism ceases to work. For a good student of respiration seasons have no impact on him, because he is able to receive subtle food which is life force itself. He does not require so much food to eat. As much as you work with respiration, so much your food intake reduces. That is one of the parameters. If you are growing into light, the quantity and quality slowly reduce. That means, you don't look for quantity, and you don't always have the craziness for the qualitative healthy food. There is no end to your search for healthy food and you continue to be unhealthy. The planet itself is sick. So, the products it gives naturally carry sickness. The sunlight that you get and the oxygen that you get are not sick. Why don't you look to that food? That is why if man is growing in spiritual awareness, he ceases to be a glutton. He ceases to eat big quantities, and he won't crave for food.

An advanced student of respiration eats once in a way. It is funny, isn't it? But that is what the strength of air is. Air is stronger than the element fire, water and matter. The Aquarian man has a diamond body which is called the causal body. It is a further evolution over the etheric body. The causal body is of diamond light. The etheric body is of golden light. So, why do you worry so much about food? There is a natural food available. The student of food looks for planning for food. The student of respiration plans for a breakfast respiration, lunch respiration and a dinner respiration. It means: during the morning hours, during the noon hours, during the dusk hours he must work with respiration. That is his habit.

If you start working with respiration, there is a natural disinclination to take heavy food. Only small quantities are taken. The system does not accept heavy food, because the system is filled with life principle. Why should it bother about all kinds of potatoes, onions, wheat, rice, oil, and much less he can even think of eating meat. Even milk appears heavy. He just takes water. The subtlest food is accepted. The sunlight is more accepted. The oxygen in the air is more accepted. The oxygen in water is more accepted. Other things are acceptable on the least priority basis. That is how the nature changes. A rugged body becomes a very refined

body, very flexible, radiant, magnetic. That is the difference between the body of a Yogi and the body of a normal man.

## **A Story**

Many of you must have studied the book “The Autobiography of a Yogi”. There Yogananda speaks of a lady who stopped eating 50 years ago. When he met her, he asked her why her body could radiate so much light without eating food, and how was it possible that she could only live on water. She gave her story. When she was a child, she was eating like a glutton, very heavy, very excessive food. She got married, and then her mother-in-law found her eating away so much food. She started calling her a glutton and making jokes on her, and in the family circles, in the relative circles, in the friend circles, and in the social circles it went on and on. The young lady got deeply hurt. She knows that she eats more, but a mother-in-law regularly insulting her on that basis has deeply hurt the soul of the young lady.

One night she thought that she must find a way to live without food. She prayed the Lord and said: “From tomorrow I shall not eat, even if I die. If you are really the compassionate one, you show me the way. I ensure that I don’t eat in the house of my mother-in-law any more, nor do I eat at all, and you are the only one who can help.” Next day morning she went out to the lake to fetch the drinking water for the family. Even today in India in villages, there are two tanks on either side of the village, one is for drinking water, the other is for bathing and washing. So, after bathing she went to the drinking water tank and looked at the Sun that was rising in the East, and she once again contemplated with a strong will that He should help in fulfilling her will. She collected water and was returning with the pot on the shoulder.

On the way under a tree a very radiant person appeared and smiled at the lady, and he said, “I have come for you.” Then the lady said, “What for?” Throughout the night and in the morning you have been making a very strong petition to the God. Your petition has reached higher circles. Consequently, I am sent.” He gave her the technique of invoking the solar ray into herself which nourishes the whole body. He also gave her the technique of respiration, and she started working with it. Consequently, she stopped eating. It was a big news starting from the family into the region. People were visiting her and started receiving blessings from her.

Yogananda met her 50 years after she stopped eating. She looked as young as 20 years, full of light and her eyes were looking like the sun balls, because there was nothing but the solar energy inside, and she explained how she attained that status from the state of gluttony by working with air and with light.

This story really inspires people to think of inhaling more air and reducing the food proportionately. If you take more air into your body, your vital body gets vitalised, energised. Then the vital body supplies the energy to the physical body. Hence the importance of respiration is very high in occult matters. A person who works with respiration will gradually find the disinclination for quantities of food, disinclination for food which is not pure. He prefers to work with air, water and light than to look for varieties of cooked food. There would be a qualitative shift in matters of eating activities. That is the major work that respiration can do for us. It causes significant change in the structural mechanism of our body. The atoms of the body get more refined. The coarse matter is dispelled and fine matter is substituted.

## **The Poise of the Mind**

If we start working with respiration, with *Prana* and *Apana*, they get equalised. They are the two opposing forces. But the seeming opposites are complementary to each other. That is the doctrine coming from the Master whom we know as Pythagoras. He says: "When two lines cross each other, the opposite angles are equal." Bhagavad Gita speaks in the 4<sup>th</sup> chapter: "Dissolve inhalation in exhalation and dissolve exhalation in inhalation. Then the inhalation slowly neutralises exhalation, and the exhalation slowly neutralises inhalation."

When *Prana* and *Apana* get neutralised, *Samana* becomes active. *Samana* is the mid-point between *Prana* and *Apana*. When you reach the mid-point, you have already gained the poise of the mind. Please remember, when you gain the poise of the mind, you gain *Samana Vayu*. When you gain *Samana Vayu*, you have gained the poise of the mind. People who work with the mind, if they are successful, they find the poise of the mind as the 3<sup>rd</sup> step of Yoga which is *Asana*, a stable and comfortable seat. Patanjali did not speak about the physical stable and comfortable seat. He spoke of a poised mind, a stable mind, a pleasant mind, a comfortable mind.

The 1<sup>st</sup> step of Yoga relates to your interaction with objectivity, to external working with the external forces.

The 2<sup>nd</sup> step relates to working with internal forces.

The 3<sup>rd</sup> step relates to working with the mind.

The 4<sup>th</sup> step relates to working with the life principle – *Pranayama*.

The two chief channels working in our body are the thread of light and the thread of life. The two emerge from one consciousness. You can take to anyone thread and reach the source. An intelligent student works with both the threads. That is why in the 2<sup>nd</sup> step relating to the work with Cancer, the mind is applied upon respiration. When you make deep inhalations and consequent deep exhalations, you introduce a lot of oxygen into the body and a lot of vital fire which will build the vital resistance to sickness and also dispel the sickness arising out of the carbon deposits in the body.

So, the first result of working regularly with respiration is vitalising the vital body thereby expelling the carbons in the body. Inertia will soon die. The aversion to work, the laziness, forgetfulness – all this relates to the carbon in you. You are essentially a flame, but mitigated due to excessive accumulation of carbon. Even for the flame of the candle, from time to time you remove the carbon that the thread accumulates. If there is more carbon, the flame dies. So, we are now improving the flame. When you introduce more oxygen, the carbon is expelled. You will yawn, and you will secrete liquids through the ears. The body becomes hot. The respiration should be done to such extent that you sweat. If you make 24 minutes very deep, long, uniform respirations, the body becomes very warm. The result of a good meditation is also the warmth of the body, because you invoke light.

### **The Bird – Subtle Pulsation**

When you regularly do such respirations, then you reach a point where there will be intervals between inhalation and exhalation. Master *Djwhal Khul* refers to it as interludes. If the interludes happen, it is *Pranayama*. That means you inhale and there is a natural interlude. You don't exhale immediately. Likewise you exhale, and there is an interlude. You don't inhale immediately. Slowly the interludes increase. During those moments of interludes, *Samana* is at work. There is neither inhalation nor exhalation. That means, you have taken to the subtle

point of the diaphragm, the etheric centre at the apex of the diaphragm which has a natural tendency to move up, like the subtle pulsation which is called the bird. That is how the bird moves up. During that interlude you feel the subtle pulsation at your throat. It is so nourishing, so fulfilling. Remember, the throat is also the centre for nectar. It can secrete nectar or due to our irregular activity it can also secrete poison. That is how people at the time of death secrete a lot of foam which obstructs the breathing process. When foam starts coming from the throat, you can already imagine that the man is moving out.

The same throat centre can also give nourishing liquids. When once you come up to the throat, there is *Udana Vayu*. So, *Prana* and *Apana* find their higher equilibrium in *Samana*. *Samana* moves upwards and reaches *Udana*, and *Udana* function is only upward movement. Slowly you feel the resonance of the subtle pulsation in the lower palate, then in the upper palate, then on the small tongue, and further up it goes to your brow centre, the pituitary body which starts pulsating. When you are at that pulsation, you are proximate to the 3<sup>rd</sup> eye, proximate to the soul. Then regularly the pulsation goes up to the brow centre and knocks at the door at *Ajna*. When time favours you – because the key is in the hands of time – one fine moment the door opens, the bliss of existence is experienced, and the bliss of pure consciousness is experienced.

At *Ajna* you have the *Vyana Vayu* to contact the higher circles and also the lower circles, and you become an all-permeating energy. *Udana* itself takes you up to the highest centres of your body, and then *Vyana* puts you to permeation. That means, you can move out of the aperture of your 3<sup>rd</sup> eye with the body of light. Such is the work of respiration

Respiration by itself can lead to self-realisation. In Cancer it is basically worked to lift up from the passions of Libra. No more glamour of life, and nothing relating to the world can hold you. You are ready for a vertical movement. That is the chief work in Cancer.

From the feet to the *Ajna* centre there is a bridge of life conducted by the threat of life, chiefly understood as the four airs which come out of the synthesis of the 5<sup>th</sup> air of *Vyana*. *Vyana* means permeation. Initiates permeate moving out of their 3<sup>rd</sup> eye. That is what Master CVV calls as 'Side Ways'. Having moved vertically there is a higher horizontal movement which is electrical to meet the other beings and also to make them vertical, so that they also meet the centre at which you are. That is how we have Side Ways, Vertical Levels, Meet Centres... These *Mantrams* have a very deep significance. The Masters speak in symbols. Unless we gain the related comprehension, we cannot understand.

The sun sign Cancer which is the depositary of life works as the Mother. The 4<sup>th</sup> house is the Mother. What is the Mother? The life force is the Mother. In fact in the womb the child receives life from the mother, and the threat of life continues to protect you in spite of any kind of activity that you do. With the self-same threat of life you can reach the source of life which is the truth itself. This is another method which is strongly followed by all those who follow the cardinal path. That is why in the East they adopt to this method more than working with the mind.

## **The Symbol of Cancer**

The crab is considered as the symbol of Cancer. The crab moves sideways. It indicates that we deviate from the natural way of living. Due to the attractions of the nature and also due to the seed of desire that we carry within us, we not only dissolve the desirable, but we also dissolve the undesirable. When we dissolve the undesirable, we go sideways. We get out of the road, out of the path. The symbol of Cancer indicates: Be careful, you may get deflected.

Cancer is the first water of the zodiac, and the message is that the source may get diverted, deflected, distracted. Deviations are possible, because things are attractive in creation to experience them. It can be understood as the deviation from the desirable way of living. These deviations cause consequences which settle down as *Karma*. The message of the Lord is: Be sequent, but not consequent. Anything you work out should leave you with the related joy of experience and should not bind you. That is the basic theme of life. Man looks for joy, and he does not like bondage. He should learn how to enjoy without binding himself. But the joy is always coupled with the responsibility to follow the law. Nature does not accept being irresponsible. It slowly binds such people by their own power of habit. Man learns gradually, and the sideways that Cancer suggests is a caution that in this world you may get deflected, and you may therefore miss the way and even forget your purpose.

Mostly people do not know the purpose of their life due to excessive deviation. When a man deviates, falls into conflict and faces the related crisis, then he starts thinking: What am I doing? Why are there so many crises for me? Why only for me? Am I doing things in the proper manner? Is there a better way of doing things? That is where he starts his search. He may face innumerable theories and dogmas. He chooses a doctrine or a dogma and works with it for a while. If he does not feel contented, he will reject it and look for some other doctrine or dogma, until he meets the path to truth, where the consciousness from within says: "Yes, this is the way, I shall proceed. I don't have to look here and there."

For those who look for such reorientation, these occult practices are of value, not for others, because others do not know the value of it. The value is known, when it is found after a great search. If valuable things are given to persons who have not made any effort for such valuable things, they don't care. On the contrary, they aggrandise themselves with it. There is a saying in English: "It is like giving pearls to a swine." The value of pearls is better known to a lady than to a swine. What does a pig know about pearls? It tries to eat them. But the lady wears them as ornaments.

There is also a pearl in the *Ashram* which gives light in the entire cave temple. The value of pearl is different for a Master, and the value of pearl is different for a disciple. Occult practices are valuable in so far as you are hungry for them. If you are not hungry, and they are just given, they are not well taken. Those who are really hungry for truth are the ones who pick up the practice. Gradually they will find a change in their behavioural nature, and the sideways movement of the crab will stop. Instead of a crab it will become a tortoise. Tortoise is also a symbol of Cancer.

### **The receptivity of Cancer**

When the suggested occult practices are carried out with a certain degree of sincerity, slowly the lower triangle aligns with the higher triangle. That will enable some kind of receptivity from the higher triangle to the lower triangle. When we sit and close our eyes, there are glimpses of receptivity to start with. That is like getting the first taste of the practice. It is like a very tasty dish served in very small quantities. You feel the taste, and you want more. That gives you the encouragement to look forward for the times of meditation. Otherwise, the hours of meditation are avoided. When the taste is experienced, you don't find anything tastier than that, and you want more and more. That means, you await the hours of your prayers and meditations just like you await the arrival of your boyfriend or girlfriend. Then in meditation you will be more anxious to be vertical than horizontal, because the one whom you love is within you, up in your head, so you keep orienting to him.

This orientation is what is called the 'intense vibration for receptivity' which Cancer only can give, because Cancer is very receptive. Before, it was receptive of the surroundings, and now, it is receptive of the higher circles. Sometimes you listen something. Sometimes you see something. Sometimes you get some instructions and you would like to follow them. Sometimes you receive teachings. So, slowly you enter into the realms of the thoughts of wisdom, the thoughts of light. From the higher will you receive instructions as to how to work out your life. You also receive instructions as to how to work with your fellow beings. All instructions thereafter are from within, and whatever you listen within, you find the same in the wisdom books that you read.

This is how the receptivity of Cancer helps when well regulated, and you will gradually be receptive to the will divine, the love divine, the light divine, and the wisdom. Through regular contemplations the lower triangle will slowly be magnetised by the higher triangle. This is the process of transformation which is suggested by Cancer. That is how a student becomes a teacher. The student is oriented to the teacher in the sense that  
 he follows the instructions given by the teacher,  
 he regularly studies the teachings given by the Master, and  
 he regularly conducts the technique of meditation given by the Master.  
 These are the three steps that enable a student to orient to a teacher.

Once a student asked Master *Djwhal Khul*, "How do I reach your *Ashram*?" The Master said: "It is simple. The entry into the *Ashram* of the Master is to regularly study the teachings." The teachings of the Master give us the presence of the Master. We therefore live in the presence of the Master. The Master will help us when we follow the technique given by him, because he is responsible for the technique he has given. The responsibility is his, if we follow the technique given by him. The instructional path in the teachings of the Master keeps implementing them in life. Slowly, if we work from all directions and if we are sincere, we will surely find entry into the *Ashram* of the Master. This is the promise. That is how the receptivity would result in the energy of the *Ashram* regularly visiting the student. Slowly the student becomes an Ashramite, wherever he is. The *Ashram* energy moves with him. Wherever he stays, there is the *Ashram*. He is a mobile *Ashram*. So, the student becomes a teacher and again gives the same wisdom to his student and again the second student also becomes a teacher. That is how the Hierarchy has happened.

This receptivity enables impressional teaching, because now the ocean of Cancer is pure and no more salty. The pure waters are called the waters of the sky. That is what is referred to in the scriptures as *Samudra*. The mind is capable of divine impressions. So, man receives the impression and conducts according to the impression. All the prophets of the Old Testament conducted themselves in such a manner that they received the impressions. So also Jesus Christ. That is the only way.

If somebody is able to demonstrate some super-human activity, we should feel that when he is able to do it, we also should be able to do it. But instead of doing we make him a God and worship him. When Jesus was asked, "Are you the Son of God?", he said: "Yes, but you, too." He never said: "I am the only Son of God." No one can say that, and no one did ever say that. The same thing happens with every teacher. A handful will follow, the rest will build a religion. This is how religions are born, where the distorted versions of the teachings of the Master are propagated.

Jesus taught astrology, he worked with rituals, he taught numbers, and symbols. He taught so many things, which are the means to the truth. He was himself a mason of 33<sup>rd</sup> degree. He attended to the magic schools in Assyria, Egypt, Greece, and India, and he came back with many tools to teach. Besides the tools, he also carried the truth. People to whom he taught have not been able to grasp. Whatever they grasped, they said, it is the teaching of the Master. He was making symbols of astrology in the sands of Judea explaining the symbols and then erasing them.

All his parables are full of *vedic* keys. When we do not know, we distort them substantially, and then in his name some other teachings get propagated. Only those who follow know the depth, comprehend the teachings better. Their life demonstrates the teaching. The others only distort the teachings of many teachers.

### **The True Teacher**

Which teaching is to be followed? There are people who do miracles. There are people who put you to phenomena. There are people who teach you astrology which is not in tune with the astrology of wisdom. How shall we know which is the right teaching and which is the false teaching? The test is given in the scriptures itself. Before you take to the teaching of any teacher, see what he is doing in life. Is his life a message? Or is he only giving messages through vocal chords? His life should demonstrate the teaching that he gives. If he does not follow his teachings, how should we follow his teachings? This is how we can verify what the person is doing in life. Is he self-dependent or is he dependent on others through his teaching? From ancient most times the true teacher never lived on the teaching. He teaches as a divine duty and for his stomach and for the stomach of his family he works. He does not live on the teachings. He does not live on the occult science or wisdom that he knows.

There are teachers who lived as cobblers. For their livelihood they used to stitch chapels or hats. There are teachers who were tailors. There are teachers who held meat-shops. It meant nothing to them. Their profession was a means to make a living. A teacher does not live on what he teaches. He remains simple in life working for his family, for his economics, and at the same time teaches and heals people.

Once there were two teachers, one was brother-in-law to the other. One teacher went to the king and demonstrated his teaching and his wisdom. It happened in 16<sup>th</sup> century in India. The king was deeply inspired. He immediately appointed the teacher in his royal court, gave him a big palatial residence, and a very well decorated palanquin, servants at home and servants to carry the palanquin. If a king is pleased, all the life transforms. He told his brother-in-law that he, too, should come to the king and demonstrate his wisdom. But his brother-in-law said: "No, I cannot. I cannot sell my mother to have some comforts in life. To me wisdom is my mother, I am happy." He had some agricultural land and was cultivating it with the help of his son. Besides, he was contemplating and writing poetry.

The other one was in the comfort of the king. He was also writing poetry. Naturally, as he was the king's man, his poetry became more popular. Wherever he went, he was praised. Every now and then, he came to his brother-in-law and said, "You also come to the king." But this teacher preferred to be simple. He told the other one, "You are comfortable with the king. I am comfortable with the land. I understand your anxiety, because you like me and you also want to see me in the same splendour. But leave me to myself. I am the way I am."

One fine day on a lunar eclipse day when the simple teacher was taking bath in a river, he found a divine being in the ether who said, "We are pleased with you. You please write *Bhagavata* in Telugu." *Bhagavata* is the ultimate of the scriptures given by *Vedavyasa* in Sanskrit. He was surprised. He never expected such an instruction and such a blessing. He was a worshipper of *Shiva*, the 1<sup>st</sup> Logos, and the divinity that appeared was the 2<sup>nd</sup> Logos. That was another surprise. He appeared in the form of *Rama* and asked the simple teacher to write *Bhagavata* which is about *Krishna*.

The simple man immediately understood the synthesis of the divinity and started with his work. He was only holding the pen, but it was writing by itself. He was so excited to see the poetry flowing through him. *Bhagavata* in Telugu was even considered better than the original in matters of inspiration. Sometimes, in certain critical aspects of the scripture, when he was not able to continue and to find the way to write, he used to go to the riverside, walk and come back and get the inspiration.

Once there was such a moment where the work did not continue. He tried very hard, and the more he tried, the more he was unable to write. So, he went to the riverside, stayed there from morning till evening, and came back in the evening with inspiration, opened the manuscript to continue his writing. But to his utter surprise, ten pages were already written, and it was his writing only. He called the members of the house and said, "Who wrote this?" His daughter replied, "You only wrote it." Then the father said, "When did I write?" "During the day, I was with you, when you were writing", the daughter said. The father understood that the divine himself came down in his form to write, and his daughter was lucky to be with him. He hugged the daughter and said, "You are more blessed than me. I am only experiencing his presence. You have also experienced him in form."

When the scripture was completed, it came to be known in the entire region, because the common people started singing the poetry as folk songs. It went up to the king. The king wanted that the scripture should be dedicated to him. He offered a bounty to the teacher. But the same answer came from the simple teacher, "I can't sell the mother of wisdom, *Saraswati*. It is the work of *Saraswati*, the goddess of the world, the goddess of the wisdom. I have not written it. I therefore cannot sell it. It is not mine. It belongs to the divine."

Wisdom always belongs to the divine. No one is its owner. A man who carries wisdom is blessed by wisdom, not because of his greatness, but because of the grace of wisdom. So, the teacher gently refused the request of the king. The king became wild. He sent his soldiers to the house of the teacher with an instruction to seize the scripture. They said, "The king wants this scripture. If you don't give, we have to punish you and take the scripture." Then the teacher said, "This scripture is not mine. It belongs to the divine. You seek from the divine and take it. If it is the will of the divine, that you should have it, you can go, it is over there in that room." The soldiers were surprised. They expected that the teacher would resist. The family was surprised. The wife said, "How could you just leave it like that?" Then the teacher said, "How can I protect the divine? It is the divine that protects us. We cannot protect the divine. The divine wanted that I should write. But in fact it was the divine that wrote through me. Now the work is over. It is not my work. I have no glamour, no attachment, no possession, nor do I have any further instruction to deal with it."

The soldiers went in, but they could not reach up to the scripture. Some power was pushing them back. They were frightened. They went back and reported to the king. The king grew more furious. He confiscated the land and the house of the teacher to make his life miserable. When the teacher listened, he quietly walked out with his family. The villagers asked him, "How

is it that you leave the house and the land?" The teacher answered, "It is the only attachment I have with the Earth, but the divine decided that I should not have it. He will take care of me," and he walked out. He left the scripture also in the house. He said, "The king will take the house and the land, and the divine will decide what to do with the book."

After he left the king realised how great the teacher was. He sent people in search of him. They could not find him. The king himself praising with great veneration the scripture said, "I will publish and distribute it, and I will not seek that it is dedicated to me." Then the book allowed him to come near. When he read through the scripture, he realised that the scripture was dedicated to the Lord himself, to Lord *Rama*. So, *Rama* himself was protecting it.

I gave you the story, so that you realise the simplicity of the teacher, the demonstration of wisdom by him, and to see how impressional writing can happen. All scriptures are written by the divine through the initiates. That is what happens, when such orientation of the nature takes place with the divine. That is the ultimate work of Cancer. That is where your nature becomes an ocean, and innumerable things can be impressed upon you by the divine. That is what Cancer offers. That is how *Vedavyasa* received the *Veda* once again and detailed it into various *Puranas*. That is how he could write *Bhagavad Gita*, *Mahabharata* and *Bhagavata*. Innumerable scriptures came to him and all the wisdom presently known is the writing coming from *Vedavyasa*. He did all that, because he knew that in *Kali Yuga* wisdom will be distorted. So, he gave the wisdom afresh and retained it there. The books which we know today contain fragments from that ocean of wisdom, and on the Cancer full moon day, *Vedavyasa* is one of the teachers who is worshipped. That is how the practice relating to Cancer can directly lead us to highest states of awareness.

## The Tilt of the Earth

As I said Cancer is the beginning of a directional change. The Earth itself takes to a different direction of movement. Earth has a three-way movement. It moves around the Sun, it moves around itself, and while moving around itself, sometimes it tosses to the right in its self-movement, and then it tilts to the left. That is how we see that the Sun is moving northwards and southwards. We, the beings on the Earth, feel the apparent movement of the Sun from South to North and from North to South, but the Earth moves to the right for six months and later tilts to the left for six month. It is the tilt in its movement that happens in Cancer and in Capricorn. That is how the solstices come to be, and the seasons happen to be. Sometimes the Sun is proximate, sometimes the Sun is distant. That is how there are the winters and the summers.

When there is the tilt to the left, the tilt of the Earth in its movement causes a disturbance in the space around the Earth. That is what causes thunder and lightening. Cancer brings a tilt in the atmosphere also. Throughout the summer the waters of the ocean get evaporated and take to the gaseous state. When the tilt happens in Cancer due to thunder and lightening, the waters that have reached the sky go through a chemical evolution. Thereby the gases once again take to the form of clouds, and then come down as rain. Hydrogen and oxygen are the Castor and Pollux of Gemini. In the scriptures they are called *Mitra* and *Varuna*.

Gemini is air, where you have hydrogen and oxygen, like the male/female principles. The hydrogen atoms are presided over by *Mitra*. Oxygen is presided over by *Varuna*. That is how the two *Aswins* again work through Gemini. *Mitra* is the Lord of fire rituals. The name '*Maitreya*' comes from *Mitra*. Ultimately the *Mitra* Hierarchy is the Himalayan Hierarchy, where you have

*Maitreya*. The *Varuna* Hierarchy is the Uranian Hierarchy, where you have Master Jupiter – Master CVV.

## The Two Hierarchies

The *Mitra* Hierarchy relates to the two atoms of hydrogen and oxygen in Gemini. In Cancer they are synthesised as water, as H<sub>2</sub>O. *Mitra* is the Lord of all fire rituals, at all levels. The very meaning of *Mitra* is 'the friend'. He is friend to all Gods, to all *Devas*. The fire work relating to creation is under his supervision. The *Mitra* Hierarchy is linked to the Great Bear. The Great Bear has four stars as the quadrangle and three stars as the tail. The tail of the Bear constitutes the three stars. The central star of the tail is again the one with the fire, i. e. it takes care of organising the fire in creation. You all know from the esoteric astrology that Great Bear plays the role of Father to our solar system, not only to our solar system, but to five solar systems. The Great Bear itself consists of seven solar systems. To us all the stars in the sky they seem to be stuck to some kind of a canvas. But it is not so. Between one star and the neighbour star there can be such a huge difference in distance. Since we don't have a three-dimensional look, we see all the seven at the same plane. But they are all at different places and at different distances. If we make a photograph of this group here, all are side by side on the paper, isn't it? But they are not side by side. Likewise there are distances in terms of depth.

So, the central star of the three stars of the apparent tail is again a fiery element called *Vasistha*. He functions through Neptune, and Neptune guides the solar systems and is linked to our Hierarchy, where you have *Maitreya*. This is one Hierarchy of the fire.

Then there is the other Hierarchy. *Varuna* functions with oxygen, with the life principle in creation. Life exists at all planes, at cosmic, solar, and planetary plane. Hydrogen has consciousness and also exists at all planes. In the gaseous state we recognise it as hydrogen and oxygen. In the supra cosmic plane they are *Mitra* and *Varuna*, and at the cosmic plane they are *Vasistha* and *Agastya*. The corresponding energy to Neptune is Uranus which conducts the life principle at the solar system. It is this Uranus principle of which Master CVV gave the clues to immortality, when it is stimulated in the heart centre. Uranus is the Lord of Aquarius. So, the secrets of life are hidden in Aquarius which is the higher aspect of the Gemini air. Through Uranus there is Master Jupiter functioning. These are the terms used in theosophical books: Master Jupiter and *Maitreya*, *Maitreya* at the Himalayas, Master Jupiter at Blue Mountains.

So, the *Varuna* Hierarchy brings in the life principle, oxygen. It governs the evolution of the life principle and also presides over the atoms relating to oxygen. That is how the work of Gemini manifests into the work of Cancer. Cancer is the synthesis of the lateral energy of Gemini. If the waters are evaporated again, we get hydrogen and oxygen. Because of the tilt of the Earth the work is carried out in the cosmos by these Hierarchies. It is a work of chemistry starting from Cancer, that brings in the waters. When Cancer comes, normally the clouds warm up and we have drizzle followed by rain.

All this is conceived at the equator. Wisdom shall have to be experienced at the level of equator, where you have the equilibrium of the Earth. In us also when there is equilibrium, we can experience wisdom. So, all knowledge is developed with equator as the basis. The drama of all the seasons happens very precisely around the equator. The first stage is the water coming down. The second stage is the fertilisation of Earth. Then there is a gaseous stage, germination, and the formation of life. This is how inorganic substance transforms into organic substance on Earth.

In the beginning the fauna and flora of the Earth commenced with Cancer. When the Earth started germinating, it was due to the fourth sun sign of the zodiac. The Earth started yielding fruit and vegetable, plantation and trees. That is how the cow started giving milk. Earth is compared with the cow. As you take care of the cow in a good way, the cow gives you good milk. If you don't take care of the cow, feed it with all kinds of food, with poisonous things, with injections, with an avarice to gain more milk, the cow will give milk which is not healthy. People get a lot of allergies when they take cow milk. The mistake is not with the cow. Likewise, the mistake is not with the Earth. We have been regularly spoiling the fertility of the Earth with all kinds of chemicals, and it gives back chemical food to us. As we sow, so we reap.

When the rains come after a hot summer, we see that the initial rains bring some foam from the heat of the Earth. That latent heat is responsible for germination and growth. There is also latent heat in us. It exists in our body as hunger. That is why when we give food, it immediately digests. It also remains in the body as heat, so that a thermometer put into the mouth will show 98.4 Fahrenheit. As long as the heat is maintained in the body, things are digested.

Likewise the Earth also has its heat which is responsible for the germination of the fauna and flora. The matter is converted into organic substance. Inorganic substance becomes organic. That means, potentially the inorganic is organic. And again the organic becomes inorganic with the other solstice. That is how the whole game is played. When there is the other tilt, again there is the heat coming and taking out the waters of the Earth up into the sky. At that moment the heat in the Earth helps. Likewise the heat in our body helps the return. That is how frictional fire helps. The latent heat in the Earth is like the frictional fire that we have in us. That is why when we light a stick of fuel, the fire inside the stick responds. The stick is transformed into ashes. That is the work of fire. The fire within the matter not only causes germination, but later also causes the disappearance of the very formation. The evolution is conducted again with the latent heat.

### **The Influence of Planets in Cancer**

Moon presides over the activity of fertilisation, gas-production and germination. Jupiter presides over its full growth. Saturn contributes to the habit formation. That is how these three planets are considered important vis-à-vis Cancer. Latent heat relates to Mars. There is a clue in astrology. If you have Mars/Saturn conjunction in Cancer, you stand an excellent chance for immortality, because Cancer brings in people to cycles of birth and death. It is the gateway of the souls into matter. It is the gateway into the cycles of birth and death, and Capricorn is the gateway for the release of the soul into higher kingdoms. So, if you have Saturn/Mars in Cancer in conjunction, you stand a good chance to attain immortality. That is how astrology gives a clue.

### **The Path of *Narayana***

The whole activity is immortal, because the waters descend and again after six months there is the path of ascent for the waters. The path of descent is *Ra*, the path of ascent is *Na*. The path of waters is *Ayana*. This is how there is *Narayana*. When you say '*Narayana*', you are speaking about the whole activity of the Year God, and you are invoking that cyclical movement in you, so that the spiritual energies descend into the matter, and the material energies will ascend into spirit. There is a continuous materialisation and spiritualisation. There are no blockages, no stuck up and the consequent problems. There is free flow of energy from up to down and from down to up. To gain that freedom of the flow of energy, the seers have conceived the

sound formula as *Narayana* which is most popular in the *Ashrams*. They keep singing *OM Namō Narayanaya* and they keep dancing in joy. That is how the whole cycle of descent and ascent is seen as *Narayana*. That *Narayana* centre is the higher heart centre in us which has eight petals. For a peculiar reason they are all called petals. Actually they are all of circular formation. If you join four circles, it looks like a four-petaled lotus, and then six circles as six petals. The artistic presentation is the petal, but the etheric forms are circular and together. So, the eight-petaled lotus has the sound relating to *OM Namō Narayanaya*. This is how in the higher heart centre this *Mantra* is chanted, especially in Cancer and also in Capricorn.

Eight is a number which is again considered very sacred, because there are two zeros together. This potency exists in every conceivable lotus in the body. A pair of zeros is eight. So, the four-petaled lotus has two eights in it. The six-petaled lotus has three eights in it. The ten-petaled lotus has five eights in it. The twelve-petaled lotus has six eights in it, and the sixteen-petaled lotus has eight eights in it. You count like this all the numbers eight in the body, and you have twenty-four eights up to the throat.

So, eight is the basis for all the lotuses. Hence the *Mantra OM Namō Narayanaya* is sung in all the lotuses. It is sung in all the planes of existence by the rulers of those planes. That is how those rulers remain in tune with the divine plan. If you see the scriptures, they say that those who are with *Narayana*, they are never upside down, because they are with the basic potency of the universe. Wherever they are, they are not upside down. That is the very purpose of number eight, and *Gayatri* is three times eight: 24 letters. Anything conceived in tune with the plan of nature will put you back to a natural system. This is another dimension relating to Cancer.

There are two stories in the vedic wisdom which are necessarily narrated along with the sun sign Cancer. One relates to the great bird *Garuda*, the other relates to the story of *Savitri* which was the pet object of Sri Aurobindo. His entire life teachings relate to *Savitri*. These two stories are connected to Cancer-Capricorn, the work of descent and ascent. The story of the bird is also called the story of the serpent and the eagle. I shall try to give a brief account of these stories due to their spiritual significance. These stories are well recorded in *Mahabharata* and are also repeatedly described in the *Puranas*. They are of profound symbolism, and I shall try to present them in a very brief manner.

### **The Story of the Birth of the Serpent and the Eagle**

There is a great seer called *Kasyapa*. *Kasyapa* means 'the on-looking one', 'the all-seeing eye' which is frequently described in masonry as the great architect of the universe. It is the energy of the noumenon, the potential male/female principle which keeps supervising the whole universe with his eye. Buddha is also given the title of *Avalokateshvara*, i. e. the one who keeps looking at the world of beings and the planetary activity. *Avalokateshvara* means 'the downward looking one'. He is up above and overviews all activity of the beings.

The work relating to *Kasyapa* is overviewing the whole creation. It is a cosmic principle. He has two wives: *Aditi* and *Diti*. *Aditi* is the lady of the East. *Diti* is the lady of the West. *Aditi* gives birth to *Adityas*, the 12 sons, the 12 solar principles which give birth to groups of dozens of solar systems. She conceives in dozens. *Adityas* are the beings of light. *Aditi* gives birth to all the *Devas* via the *Adityas*. She has *Brugus* as her children. *Brugus* are whirlpools of light, and from out the whirlpools, dozens of sun globes keep coming. It is a profound concept by itself. All fiery *Devas* come from her. She is the cosmic fire, the Mother as fire, cosmic, solar, planetary.

*Diti* presides over darkness. *Diti* means 'dark'. *Aditi* means 'no darkness'. Just like *Aditi* gives birth to *Adityas*, *Diti* gives birth to *Daityas*. *Daityas* are intelligences of darkness. Don't think that darkness is evil. Light and darkness are the two currents coming from the same source. Unless the two exist, there is no creation. When there is light, there is also darkness. Just in the proximity of light, there is darkness. If day exists, night exists. If full moon exists, new moon exists. If knowledge exists, ignorance also exists.

The whole creation is nothing but a network of contraries. Yoga is to realise the essentiality of the two in activity. If there is problem, there is solution. If there is crisis, there will be peace. Peace is followed by crisis. Crisis is followed by peace. If you inhale, you have to exhale. Everything works in alternation. One should understand the fundamental law of alternation. That is why *vedic* wisdom does not bifurcate the creation into good and evil. It bifurcates into knowledge and ignorance. With the two the work can be carried out. Those who know they respect both, because they know the purpose of the two. Those knowers are called 'Yogis'. They form the path. They form the golden middle path. Those are the ones who are called 'the Sons of God'. They try to neutralise in them that which is considered good and that which is considered not good. Through such neutralisation they live above the pairs.

The work of the intelligences of darkness is to protect that which is apparently created. The whole creation is an apparent creation. Unless the apparent is seen as real, we cannot work in the creation. Knowledge is that we are all souls. All the ladies and males here are souls. That is knowledge. But then each male here interacts with his female thinking that his female is his wife. Each male here can recognise his spouse in the female. It is the work of *Diti*. *Diti* makes you feel, this is my wife, this is my husband, this is Spanish, this is German. All are souls, but why another definition? When we study the doctrine of light, we find that all are souls and we are all brothers. Even the wife and the child, they are all souls, they are not your own people. All are brothers. Children are not children, they are souls. Many times they are your elders who have come back to you as children, and the parents are not parents. The parents are those who were your earlier children.

Suppose a man gives birth to a son. By the time the son grows, the father dies and is reborn to the son. So, the son becomes father, the father becomes son. Also the children are not children, as we know. The elders are not elders, as we know. But this truth also prevails as the shade of the original truth. Otherwise we cannot act. It is one ether that manifests as air, fire, water and matter. All is ether. From out of *Akasha* the subsequent four elements come out. Can you drink matter, because it is also *Akasha*? Can you eat water? Can you breathe in water? For those to whom the five elements are reality, the illusion is reality. The world is as you see and as you think. So, there is a kind of apparent reality created by the intelligences of darkness. Those intelligences protect the creation.

In the beginning, when the creation was being made, the intelligences of darkness did not allow the creation to happen, because it is one becoming many. They did not want to become many, because they know, it is only one, why the illusion of many? They resisted. That is why individualisation was also a great effort in creation. When the Lord created the illusion of many, *Maya* was his main tool to create. The intelligences of darkness said, "We don't want to play this game." It is like the two sons who go out to play tennis. They take to either side of the court. They are seeming opponent, but they are brothers. When they play against each other, slowly the illusion prevails, and one fights with the other with great vigour. Even after coming home, the element of opposition remains. At home they quarrel. The parents say, "You are brothers. Why do you quarrel?" So, the play becomes reality to them.

You see all the games now that are played. They are meant to give us pleasure. But there is no pleasure, only full tension! Each team of football players has many doctors for the possible injuries, and also psychologists to prepare the players so that they don't fall into excessive tension. So much of paraphernalia developed around each player, because it is no more seen as play.

Today we are working so hard to regain our identity of the soul. Equally difficult it was to lose the identity in the beginning. To ensure that the game is well played for the One to become many, the One has become a triangle to start with, and in the triangle two angles are contrary to each other emerging from one point. Naturally those who are born to darkness, their job is to create hurdles in creation for the involutionary activity.

But once when the illusion is very crystallised, then the plan decides: "Now, let us get back. The time for the play is over." That is the second part of the story. Its original idea comes from the vedic wisdom. Madame Blavatsky gave that dimension in "Secret Doctrine" and also in "Isis Unveiled". This dimension is not presented in any other theology. They always speak of good and evil. They don't see the purpose of ignorance in creation.

Cancer relates to *Diti*. Capricorn relates to *Aditi*. Equinoxes relate to the path of wisdom, meaning, the Hierarchy. Don't think Hierarchy is only what we know. It is the last vertical of the vertebra. At every plane there is Hierarchy. I have spoken to you about *Vasistha* who is the corresponding superior counterpart to the Hierarchy we know on the planet. The members of the Hierarchy are the ones who pervade the path. They form the path to truth. That is why Jesus said, "I am the way." They have all joined the way to the truth and formed themselves in the truth. That is how you have the Hierarchy built from the cosmos to our Earth.

The seven seers who are presented as the seven rays, they knew the golden middle path of Yoga even before this creation. The mind-born sons of the creator who are five in number, of which *Sanat Kumara* is one, they are the ones who existed even before, and they have consciously entered into the creation as teachers. They refused to participate in the activity of creation. They said, "We shall remain neutral and keep helping beings on either side and get back once again into the source." The members of the Hierarchy do not fight with darkness. They know the purpose, and they know how to lead the beings even through darkness. They carry the torch, so that even in darkness we can walk through.

The creational activity is between the intelligences of light and the intelligences of darkness. *Diti* carries the title *Kadruva*, meaning, the hard one. It is the energy of the West. *Aditi* carries the title *Venata*, meaning, the obedient one. It is the energy of the East and it enables the light to shine through. *Kadruva* becomes Kadruba. Kadruba becomes Cordoba. The place is very tough, but it carries its own wisdom.

*Kasyapa* in association with *Aditi* gives birth to *Adityas*, the solar beings, a dozen of them, very powerful, very handsome, very radiant. Then the lady *Diti* complains, "What about me?" and she pulls *Kasyapa* by the shoulder into the bedroom. – The stories are always presented in a very enchanting manner. – So, *Kasyapa* had to go to *Diti* by compulsion. He was not agreeable, and he told the lady that it is just the twilight hour of the evening, not the right moment. But she said, "I don't care, I don't care astrology, I care my desire. You also have to give children to me, and be careful, the children I get should be more powerful than the children of the other lady, and they should be greater in number."

*Kasyapa* said, “Okay, let it be so.” *Diti* gave birth to thousands of beings who were very dark, because born out of darkness. They are called ‘serpents’, the crawling ones. In innumerable cycles of time they can bind the beings, so that they can never get back to truth. The serpent of time can bind anyone, sometimes even the beings of light. When *Aditi* gave birth to *Adityas*, they took to the sky. When *Diti* gave birth to the serpents – the Sanskrit word is *Sarpas* – they immediately took to the holes of the Earth. They dug holes into the ether, and then escaped into the nether worlds, where they took care of the southern hemisphere. The northern hemisphere is taken care of by the *Adityas*. The children of *Diti* move horizontally, and the children of *Aditi* move vertically. Everything is contrary.

The beings of light don’t have aggression, they have knowledge. But their work is always obstructed by others. This is the normal story. We know so much about the concepts of wisdom. We want to practise them, but when it comes to actual practice, the sons of darkness put you to illusion. That is their work to ensure that you don’t escape into the skies and that you remain a slave of time, a slave of ignorance.

The places of light are that of the mounts, the peaks. So, the soul wants to go to the peak. But the body says, “No, no, it is too difficult. Stay at home. Enjoy the pleasures of life. What is there on the mount? If you want, I can show you the peak on television.” The lower nature is under the control of *Diti*. The higher nature is under the control of *Aditi*. *Aditi* tells us in the evening, “Leave early and get up early.” The soul agrees. But in the evening, some interesting talks are emerging, so we keep on talking beyond midnight. When the alarm-clock rings in the morning dawn hours, the soul wants to get up, the body says, “No!” The postponement of good habits which we want to acquire, they are all the activity of the children of *Diti*. They want us to remain in this body, the body of matter. They don’t want us to gain bodies of light. That is the duty given to them, and they do their duty very well.

The *Adityas*, the soft ones, they also do their duty, but they are soft. That is why their work always gets delayed. Once a student asked Master *Morya*,

“Since how long are you on this planet working for the light?”

“From *Treta Yuga*”, Master *Morya* replied.

Student: “Even while you are working right from *Treta Yuga*, you have not been able to fulfil your work till now.”

Master *Morya*: “Yes.”

Student: “Why is it so?”

Master *Morya*: “Our soldiers are weak. They are always overtaken by the other soldiers.”

Student: “Why are they weak?”

Master *Morya*: “It is like that with them, we have to work with them with much patience.”

Student: “I want to know, why.”

Master *Morya*: “I will let you know later. First make 500 copies of this passage, and make it as quickly as you can. Later you can meet me. It is a passage of wisdom.”

These were the days, where you needed to write on scrolls of leaves with ink coming from the trees. So, the student went to a scribe and said, “I need 500 copies of this passage.” The scribe said, “I don’t have enough paper. If you give money, I will secure the paper, and I will give you the 500 copies in two weeks. It takes at least five days to procure the paper and then another nine to ten days to write.” The student said, “Okay!” He gave money in advance, and he left to meet the scribe again two weeks after.

Five days later another student came from the other camp with a passage to the same scribe. “I want 1000 copies of this passage which you have to give me very quickly.” The scribe said,

"I have to buy paper and I need at least four weeks to write 1000 copies." Then the other student said, "Don't you have paper? I have come to know that you bought paper." He took out his knife and put it at the throat. "Tell me, do you have paper or not." The scribe said, "I have paper, but it is meant for the other student." Then he pressed the knife a bit and said, "First my work, later, when there is paper, the other work."

When the scribe asked for some advanced payment, the evil student refused, and when being asked, in how much time he could finish the work, the scribe reduced the time already from four weeks to two weeks. But still it was not agreeable to the evil student. He said, "No, I give you three days. If your life is sweet to you, you write in three days. If necessary, miss your breakfast, lunch and dinner. I keep a man outside to see that you don't waste time." For fear of life, the scribe agreed and completed the work in two days and gave it to the evil student who said, "*Namaskarams*" and coolly walked away with 1000 copies.

Then the good student, the disciple of Master *Morya*, came back after two weeks and asked, "How are you? Are your wife and children okay? How is the harmony in the place? To which ray this place belongs?" – all preliminary nice talks, manners, etiquettes. Later he asked, "Could you complete my work?" The scribe said, "No," and he narrated what happened, and that he has no money and no paper. He has to buy paper again, and he asked the student to give advanced payment again. So, the student again paid in advance and went back into the *Ashram* of the Master.

The Master asked, "Where are the copies?" He described the whole story. Then the Master said, "Now you understand, when I said, that my soldiers are weak. You are too weak, and you don't realise, how fast the others work. You work at your leisure. You don't feel the emergency of the situation. So, we are working with people like you. Now you can understand why my work is not complete since *Treta Yuga*."

This is a true story that happened during the twilight hours of *Dwapara* and *Kali*. Master *Morya* himself recorded this story. That is how the work of darkness moves faster than the work of the light. The work of light takes place with patience.

It so happened that the lady of the West, *Diti*, once thought, "I should enslave the other lady and make her my slave." She conceived a plan and discussed it with her children. Three of her children did not agree and said, "No, it is not correct. We play our game. Let them play their game. Let us be fair in the game." But *Diti* and the rest of her children did not listen to the three other children. So, they left the mother. One became the ornament of Lord *Siva* as a necklace, the other became the bed of Lord *Vishnu*, and the third became the Lord of Time. The rest of the children cooperated with the mother to enslave the lady of light.

The lady of darkness conceived a plan. One day she went with the lady of light for an evening walk. They saw a white horse at a distant place. It was pure white, from the tip of the nose to the tail. It was very attractive. The lady of light, *Venata*, said, "It is a beautiful white horse." Then the lady of darkness, *Kadruva*, thought that it would be the right opportunity to make a bet with her. She said, "Yes, my dear sister, it is completely white, except the tail. The tail is black." Then *Venata* said, "No, the tail is also white." "No, it is black", replied *Kadruva*. "Anyway, we will come back tomorrow, because now it is getting dark. We can't reach the horse. Tomorrow we will come and see, very early in the morning, before the dawn."

During the night *Kadruva* conceived the plan and told her children, "We go to the horse, and you entwine the tail of the horse, so that the horse tail appears black." In the morning, when

they saw from a distance, the lady *Venata* was surprised. It was white yesterday, but today it looks black. Then *Kadruva* said, "It was black yesterday. Now in the light we are able to see better. Shall we go near for you to have a clear look?" *Venata* said, "No need. Right from here I can see that it is black. We don't have to go up to the place."

The bet was, if *Venata* loses, she should be the slave of *Kadruva*. That is how in cycles of time, as we grow into involution there is the predominance of darkness over light, predominance of ignorance over knowledge. So, the mother of light became the slave of darkness. It so happened once, that the husband came to *Kadruva*'s house and found the lady of light as the slave in the house of the second wife. He was surprised and enquired what happened. *Venata* narrated that she lost a bet, and she also seeks a solution to come out of the slavery. Then the husband said, "Don't you worry. I shall give you two powerful children who will liberate you from the slavery." So, *Venata* gave birth to two big eggs, meaning, cycles of time. She was instructed that the beings inside the eggs should grow 1000 years, and she should take care that the eggs did not break before. After 500 years, out of impatience, the lady broke one egg to see what is happening inside. There was a great bird, grown up to 50 %, without thighs and legs. They are called *Anuras*. We have a place called *Nuria*. This is a place relating to such half-prepared beings. We went with our group there.

The being said, "Mother, you should have waited 1000 years, as said by the father. I am only half finished. I can't serve you. At least, don't break the other egg, until the completion of 1000 years. Let it grow." The mother felt sorry, and sought the pardon. The being said, "There must be a purpose that you have broken the egg-shall. I see a higher will working through your ignorance, through your impatience. It does not matter. You bless me. I shall go to the sky and become the chariot driver of the Sun." Saying so, he soared into the sky and joined the Sun.

At every point of the story there is profound symbolism. There was a full seminar given 1995 in India which lasted for 14 days. Now it is only a brief version.

So, the mother waited another 500 years for the egg to break. Then came out a great being, called *Garuda*. *Garuda* means, that he can't be killed even by the worst poison. When he was born, the mother was happy. The mother narrated her problem of slavery and sought liberation. Then the bird *Garuda* said, "Don't you worry, I shall liberate you. Let me go and meet the other mother and see, what is the wish that I can fulfil, so that she will relieve you." *Garuda* went to the other mother, saluted and pleased her. It was surprising to the mother *Kadruva* that the son of the other lady came to her and bowed down. *Kadruva*, the hard one, felt oriented to him. She said, "Why have you come here?" *Garuda* explained, "I wish that my mother is relieved from your slavery, and I will do anything that you want as a price to release my mother." Then *Kadruva* said, "The beings of light, they are all immortal. My children are very powerful, but they are not immortal. I want that you bring nectar from the most high planes and give it to them, so that they will also be immortal. Then we can be stronger than your team." *Garuda* agreed. He has all the knowledge and all the power. He went to his father and took to the journey which is like the journey of the soul to the most high, full of details of all the seven initiations. He carried all these initiations, like Hercules.

When he returned with the nectar, he went to the mother *Kadruva* and said, "Here is the nectar. Release my mother." She looked at the nectar and released *Venata*. *Kadruva* called her children and told them that all the serpents should drink the nectar. *Garuda* said, "First you should take bath and later take it. I keep the pot here." *Garuda* wanted to fly, but the power of the air relating to his flight broke the pot. When the serpents returned, they found the nectar on

the grass. They still wanted to drink it, and with their tongue they licked the nectar. As a consequence, the tongue was cut vertically into two, and they could not really drink it.

This is the story of the serpent and the eagle, where the bird relates to the pulsation in us. The serpents relate to the time cycles through which you keep on going with your ignorance. And the slavery of the lady relates to the soul. The soul is in slavery to the activity of materialism, the activity of ignorance. All souls are enslaved by their activity of ignorance. But luckily we are also blessed with *Garuda*. *Garuda* is the bird, and the bird exists in us as the pulsating principle. Its inhalation and exhalation are the two wings of the bird. Make the wings of the bird strong by working with respiration. Then the soul is lifted up by the power of the pulsation. Thus the release from bondage happens.

*Kasyapa* is the centre of *Sahasrara* in us. The mother of the West is the *Ida* energy in us. The mother of the East is the *Pingala* energy in us. We are the soul that is bound by ignorance, by varieties of thousands of acts of ignorance. To be lifted up, we only have to take to respiration.

This is the story of pulsation which would raise you into higher levels through neutralisation of the airs: *Prana*, *Apana*, neutralising into *Samana*, *Samana* moving up to *Udana*, and *Udana* giving you the liberation from the conditioning of the body, and conditioning of the personality.

This is the story relating to the eagle and the serpent. The serpents are the innumerable cycles of time that we live in ignorance, and the bird can give us the liberation.

The stories have an impact, when they are narrated, and they should be narrated on either solstices days; the winter solstice in Capricorn and the summer solstice in Cancer.

## **Full Moon of Cancer**

Greetings and good wishes

May the full moon of Cancer bestow the blessings of the Master. Every full moon offers an opportunity to tune up into the presence of the Masters of the Hierarchy depending upon the orientation that we maintain. The needed orientation is to live on light food, to support the body with liquids, maintain silence and try to be more in tune with the silence that surrounds us. If this is regularly practised, during the hours of prayers or meditation or silence, you may experience the presence and may also receive the needed guidance.

Full moon is a monthly opportunity to walk into greater presence. We need to look forward to the full moon and prepare well for the full moon, so that we do not miss a possible opportunity. It is part of the discipline relating to discipleship. On the full moon day, the etheric currents are in their upsurge. Consequently, etheric experiences are possible. But if people live with many desires, full moon causes an upsurge of the astral nature in us. Emotional upsurge can also happen on the full moon day. Full moon gives way for the excitement of the lovers. Full moon also gives an excellent opportunity for the divine lovers. There can be divine dialogue and divine romance or the fleshly love and the fleshly romance according to the orientation of the soul.

New moon and full moon are very important for the aspirants on the path. New moon offers opportunity for neutralisation of the desire body. Full moon gives opportunity for the bloom of the etheric body, and hence the two form the gateway into the kingdom of light. We need to

adapt to the related discipline, if we wish to gain the benefit relating to the presence of the full moon energies and the new moon energies.

Moon light should be visualised in the heart centre.

Sun light should be visualised in the higher heart centre.

The entire heart region can be seen as filled with soli-lunar energies.

### **The Mother/Child Relationship**

Cancer energy contains the mother/child relationship. The mother knows the needs of the child instinctively. That is how she nourishes the child. The child also feels secure, when the mother is around. This situation prevails between mother and child until seven years. When the umbilical cord is cut at the time of delivery, etherically the cord exists with the child. If the mother has Cancer as her sun sign, the umbilical cord is even stronger and the etheric connection continues longer. She is always concerned about the child, regardless the age of the child. She gives her emotional protective aura to the child. That is why Cancer mothers are considered a bit possessive. Even if they happen to know that, they cannot come out of it. It is nature's work. It is better that they accept it. It is also good, if the child knows this aspect of the mother and respects the mother than to feel the discomfort of the mother's possessive nature. If the mother is possessive, it means that the Cancer energy is working strongly with her. This higher understanding would help a better relation between the mother and the child.

### **Cancer in Relation to the Human Body**

Cancer in relation to the human body is the function of the respiratory organs. All the respiratory organs and chiefly the lungs are governed by Cancer. The effectiveness of blood circulation is also governed by Cancer. If there is Mars in Cancer, there can be ebb and flow in the circulation of blood manifesting blood pressure in the person in the later half of the life. Cancer is impulsive. Mars in Cancer makes it more impulsive. Mars in Cancer is like the water on the stove. If Saturn, as a cold planet, accompanies Mars in Cancer, he will not allow Mars to act to the extent of destruction.

The lymphatic system of the body is also under the rule of Cancer. In women the umbilical cord, the menstruation, the ovulation, and the periodical birth of eggs in the uterus are all governed by Cancer. The health of the egg depends upon the strength of Cancer that a lady carries. The regularity of periods decides the health of a woman. If the women lose the regularity of periods, it means, that they have destroyed the fundamental fabric of health. Such ladies are harbours of varieties of diseases. The periods of the women relate to the moon periods. Menstruation is related to the new moon. Ovulation is related to the full moon, and the periods correspond to the moon phases. Hence, the women are required to take extreme care of the periodicity. Otherwise, it will open the gateway to innumerable diseases.

The use of contraceptives to enable sex and to avoid progeny is considered totally unnatural. Such practices will destroy the health of the women. Removal of the uterus has become such a common thing, and neither women nor their men are concerned about it. You may go through any number of treatments, but still you continue to get one kind of sickness or the other. In a month there are periods where women can have sex without the possibility of getting children. If those days are utilised, there is no need for contraceptives. Just knowledge is required, both for the men and the ladies, and the men should have respect for the health of the lady. This kind of regulated activity with sex will not destroy the vital body of the woman, and Cancer is

the most important sun sign relating to it. If the woman wishes to have better health, she should take this aspect into her life and conduct accordingly.

The three days of menstruation are very sacred for the woman. It is like a rebirth. The entire physical mechanism changes. The total chemistry undergoes a change. Alchemy of a very high order is conducted during that period. Those three to four days are considered as a period of incubation. One should not mix up vibrations by touching persons, by touching articles, by getting into physical contact with anything. This discipline will enable the regularity of the periods. In all such cases, the chemical changes intended by nature will fully happen. After every period well conducted, the women are considered virgins. Every month the woman is once again rejuvenated to be a virgin, if the related discipline is followed, and the related incubation is inherited to. Medical science will slowly find this knowledge.

The endocrine system, the secretion of the glands, the apparent non-functioning of certain plexuses will slowly reveal themselves through time. Then the man's health and the secrets relating to such health will be better understood. The non-functioning of the pineal gland or the thymus gland is due to lack of adequate awareness in human beings. These glands are directly related to the quality of human behaviour. In men of knowledge who dedicate their life to service and who are clairvoyant and clairaudient, these glands are at function. When certain qualities are lacking, there will be either excessive secretion or inadequate secretion. Ultimately, health will be related to the behaviour.

The birth of eggs in the uterus depends upon the strength of the 5<sup>th</sup> house. If in the 5<sup>th</sup> house there is Mars or Node, frequent abortions are possible. If Anti-Node is in the 5<sup>th</sup> house, the possibility of pregnancy is very little. These are some known facts through continuous observation.

### **Attachment – a Quality of Cancer**

Cancer also relates to the séance houses and the ghost houses. There are people who cannot come out of their attachment even after death. If they are attached to their house, very excessively, even after death, they keep visiting the house. If they have excessive attachment to the body, they make great effort to get into the coffin. This problem exists as long as the body is there. If the body is cremated, by the time it is taken to the cremation house, the soul will run away. It will not any more come near. That is the reason why cremation is recommended than burial. Only in the case of initiates, who don't have any attachment whatsoever, burial is recommended. But very often the initiates do not express such will. They would say, "Burn it up!" or "Throw it into a river!" or "Give it to vultures!", so that even after that, the corpse is used for one purpose or the other.

The burial is the last thing to be done. At the psychic level those who are attached to the body, try their very best to return to the body, and it is painful, because they cannot. The stories of Dracula carry some truth in it. That is the reason why grave yards are not recommended. Today in Jerusalem you need to pay very huge cost to find 3 feet of land for your body. Only millionaires can afford to have their burial in Jerusalem. All around the temple there is such a huge burial ground, and people think that they stay in it until the Day of Judgement. This is due to the ignorance relating to the law of reincarnation.

Many times the departed souls keep visiting the family. There was a case in India, where every night certain sounds were heard in the attic of a house. Since the head of the family departed, the sounds started happening in the attic. The people in the house were afraid. They called for

varieties of magicians to drive away the ghost. But they could not. The sounds were increasing day by day. They came to know about Master EK and reported to him that the rages in the house were causing a lot of disturbance to the family, especially in the night. Master EK went to the house, looked at the attic and asked the lady of the house, "After the death of your husband, have you been searching for something valuable in the house which you were not yet able to find till date?" The lady said, "Yes, my husband has hidden a diamond necklace in the house. He always kept it very carefully, and whenever there was an event, he gave it to me to wear. He did not tell me, where he kept it, before he passed away. In fact, we have been searching for the diamond necklace during the last two months." Then Master EK said, "Your diamond necklace is safe in the attic. You go and look for the necklace in the boxes that you have on the attic." When they went up and looked at, they found the necklace. The Master said, "From tonight you will have no sounds in the attic. Your husband was anxious that the family members know where the necklace was kept."

### **Cancer and the 4<sup>th</sup> House**

Cancer also gives you the clue to the comfort of the house that you have. If the 4<sup>th</sup> house is filled with malefic planets, e. g. with Saturn or Mars, you may have a very luxury house, but there is no comfort at home.

If you have Uranus or Sun in the 4<sup>th</sup> house, you may have a beautiful house, but your work is always outside and you have very little time to stay at home.

If you have Anti-node, you only have a satisfaction that somewhere on the planet you have your house.

– Of course, you cannot decide by one planet only, you have to see the combination of other planets which can help you. –

If you have Venus or Moon in the house of Cancer, you will have a very beautiful house and much enjoyment in the house.

This is how the 4<sup>th</sup> house is related to your attachment to your body, your attachment to your house and your attachment to the family.

### **Some Qualities of Cancer**

Cancer makes good followers, but not leaders, because it is number 2, and the ruler is Moon. They need a leader. They feel comfortable, if there is someone to lead. The best followers come from Cancer. If they wish to be leaders, they would have a lot of problems. Moon is not a leader. Moon does all the work, drawing support from other luminaries. Number 2 is a receptive number, but not a transmitting number. Very few can really become Gurus in Cancer.

The best mothers can come through Cancer. The best impressional writers can come through Cancer. The best receptivities can be in Cancer. They can receive and transmit. That is why the best mediums also come under Cancer. But if the quality of the waters is not improved through the practice suggested, the mediums can be spirit mediums, they can get into some kind of self-stupification. They feel that e. g. they are Newton, or Einstein, or Master *Morya*, that they come from Sirius etc. To say that I am from Sirius, Lord *Maitreya* would be at your feet. The beings from Sirius are venerated by *Maitreya* just like we venerate *Maitreya*. Image a person saying 'I am from Sirius'.

I met a Newton in Belgium, and he did not know anything about science. How could he be Newton knowing nothing about physics. This kind of self-stupification is highest astral illusion. I met people who contacted the Great Bear, but they are not able to tell you what is happening

in the next village. I have also met persons who feel that they are the direct disciples of the grand Masters. There are people who claim that they are *Maitreya*. If someone says like that, you must look into the chart and see what problem he has in the 4<sup>th</sup> house or in Cancer. They are weak in their mind, and consequently they get easily hypnotised. Those who hypnotise also come from Cancer.

The ones who make large claims are all having some problems in Cancer. Also those who have Jupiter in Cancer, though it is a good position, they always have a very high estimate about themselves, which is not justified. If you have Saturn in Cancer, you will have an under estimate of you which is better than an over estimate.

### **Milk and Ghee**

The best food for Cancerians is milk and ghee. It cleanses the layers of the body and provides the necessary heat to the body. But that was the time when people were drinking fresh milk from a cow. Now varieties of cow milk are collected and carried to a dairy. The collection takes some time, cooling and storing take some more time, then there is treatment given to the milk, and later we have the transportation to the shops. When the milk is bought by the customer, it is put in the refrigerator, and God knows what is being drunk, when they drink milk. In any case, it is not the milk that was suggested in the scriptures.

Cow milk is naturally warm, when you milk the cow, and the treatment that you give to the cow will have an impact on the vibration of the milk that the cow gives. A family cow is treated as a member of the family. It gets a lot of love and affection. When you care the cows, they care you. They give you milk with pleasure. If you extract milk as you like, then you can imagine that the healthy vibrations of the cow will not be in the milk.

Suppose you extract milk from a lady, how will she feel? Similar is the feeling of the cow. We think we are civilised human beings, but our attitude towards animals is totally barbarian. So, you can't really have good milk now.

Today many people complain that they get allergy from the milk. We have to rethink about our style of living, the way we feed the cows, the way we collect milk. These are matters to be considered. The cow is like the Earth. It is the mother nature. You can't insult the mother. You can't abuse the mother and try to get the best out of her. The scriptures always say that the planet is the cow, the sun ray is the bull, and all the beings are the calves.

We should have the right understanding of milk, because the milk may appear the same, but the quality in terms of vibration is different. In the future the science of vibration will be better understood. In terms of food, the ingredients do not only stand for quality. An important role plays the person who cooks. If the cook is very emotional, the food carries the vibration of the emotion. If the person who cooks is in conflict, he/she is not only serving the food, but also the conflict. This will be the future science. A morsel of food coming from the mother is much better than the most hygienic food served in a star hotel. The cook in the star hotel cooks for salary. When the mother cooks, she cooks for no remuneration. The mother does not expect any kind of compensation from the children either for the present or for the future. The love that the food carries makes it so rich in terms of nourishment.

When it comes to milk and ghee, I would rather suggest ghee than milk. The milk is first transformed into butter, and the butter is put to fire to gain the ghee. So, it is through the fire that all impurities of the milk are burnt up, and hence ghee is purer than the milk.

### Three Constellations of Moon in Cancer

The metal relating to Cancer is silver. The stone relating to Cancer is the pearl. The sound is KLEEM. The silver, the pearl and the sound Kleem stabilise the Moon vibration and enable the natural joy of the soul to be reflected.

There are three constellations in Cancer. One constellation relates to the grip of the mind. It is called the Minor Dragon. Amidst Cancer/Moon there are people who always have anxiety. Generally anxiety is present, though there is no cause for anxiety. These are the ones who lack adequate silver in the body. If you supply argentum through homoeopathy, the quality of silver is supplied, and you gain balance. Likewise, when there is deficiency in the blood, gold is supplied in homoeopathy. If iron is found deficient, ferrum phosphoricum is supplied. Only some semi-permanent adjustments can be made to the body mechanism by exterior treatments. Permanent cures are possible only through a change in life attitudes.

There is a second constellation of people. They have a Moon which gives them the real comfort of the Cancer Moon. There are people who are at comfort and who give comfort to others. Seldom they fall into conflicts, and seldom they create conflict.

Then there is a third constellation where people who are born in Cancer once again choose to be born with Cancer Moon which is a particular particularity of Cancer. Similarly with Scorpio. People who are born in Scorpio, frequently return through Scorpio. If there is a Scorpio in a family, he will ensure that a Scorpio again is born in the next generation. If the father has Ascendant, Moon or Sun in Scorpio, he will ensure that one Scorpio will come again into the house. Scorpions will continue through generations. These are the two sun signs which have a lot of secrets about the past births.

### Cancer and Music

I would now touch upon music and Cancer. There is a musical hierarchy and music exists at all levels. The whole creation is the music of the soul, and the soul naturally responds to high quality of music. Our solar system itself responds to the music of Neptune. Neptunian music will put you out of your mind instantly. People are taken beyond their mental and buddhic planes directly into the soul plane to receive the related bliss. That is how *Krishna* played music. That is how Apollo played music. When it comes to music, these two names figure in. When *Krishna* played music, the birds, the animals, the humans, they were all absorbed into the one existence. The beings were in such a state of bliss, that they forgot place and time. Such music is called 'the music of Neptune'.

At the highest states of awareness such music can be expressed. There is only one who can express such music on this planet and who can bestow such awareness of music. He is Lord *Maitreya*. He got initiated into music by Lord *Krishna*. Just like he is the World Teacher relating to Yoga on this planet, he is also the World Teacher relating to music. Music is always associated with soul consciousness. There are certain initiates who have achieved grand states of music and when they sing, they sing from their soul. They don't sing from the mind, much less from the paper. Singing and looking at the paper keeps you at the mental level. The very purpose of music is to transcend mind. If you grow more and more aware to the sound of music, you can feel the sweetness of music. The beautiful sound waves that happen when you tickle a string of a musical instrument, should be practised. Listen to the wind that passes through the room and causes the strings to make subtle musical sounds. Those who can listen to those sounds are the ones who can produce the best music.

Music is the strength of those who can listen to the silence. In Yoga you are required to listen to silence. In music you are required to listen to the musical notes that keep happening regularly in the atmosphere. There are musicians who are able to listen so profoundly and reproduce them. They are the creators of music. Reproduction many can do, creativity very few can do. From reproduction to creativity, one has to grow in music. To reproduce teaching from a book is one thing. That is horizontal activity. Verticality is to listen to the subtle and manifest it in the gross. That is music. Such music directly carries impact on the soul. The entire creation came out of the musical waves, called *Gandharvas*. In the western mythology you have the cosmic Michel. Similarly in the eastern mythology there is *Narada*. He is the cosmic teacher of music. Neptune functions under his supervision.

There were initiates of music in India who could listen to the deep silence and absorb the music notes. During the time of Akbar the Great there was a musician who could kindle the candles with music. Normally it is impossible. Akbar came to know about it. He invited the musician, arranged the candles in the royal court and said, "I believe you can kindle the candles with music. I want all the candles in the hall to be kindled at the same time with your music." The musician said, "Yes, I shall do it." He started singing, and the song was taking the whole audience into trance. He suddenly stopped singing, and the people came back to their normal senses. Then the musician told the emperor, "If you go into trance who will see when the candles are kindled? You may say that in your trance I lighted all the candles. Please, don't get into trance. Don't listen to the song. I keep singing and you keep looking at the candles." Then, at a particular moment, all the candles got kindled.

Akbar asked, "Do you also carry some powers of Yoga?"

Musician: "No, I only know the Yoga of music."

Akbar: "Can you teach such music to our musicians of the royal court?"

Musician: "I cannot."

Akbar: "Why?"

Musician: "The musicians in your court are playing music to please you. Their music has a commercial value. They are playing music for the listeners. I play music for myself. That is the difference. The second hurdle to teach your musicians is: They already feel that they are musicians. I feel that I am a student. I continue to learn from nature. They should learn to listen to the nature. They should learn to the silence presented by nature. Then they will see varieties of musical notes happening in nature. There is one musical note during the dawn. There is another musical note after the dawn. Likewise throughout the day there are different musical notes that happen. Then the musical notes vary according to the seasons. Unless you learn them, you cannot produce natural music, and unless you know how to tune up to nature, you cannot muse yourself, and unless you muse, music cannot express itself through you, and hence I cannot teach your musicians."

Akbar was very pleased. Akbar himself was an initiate, one of the proud members of the Hierarchy. Proud means: the Hierarchy feels proud of him. He could understand the language of the musician. He honoured him and asked him to leave the court to any place that he likes.

Such are the heights of music. People used to do a lot of miracles with music. Healing is a very common thing with right music. A weeping child can be calmed down with a lullaby from the mother. Through music, very rare initiates have resurrected the dead people to life.

Cancer provides the doorway to the musical Hierarchy. Music is always associated with the divine. Such music is once again emerging on the planet and will slowly replace the present

noise which is prevailing in the name of music. There is a lot of noise in the name of music. Just like there is a lot of noise in the name of Yoga. The inferior aspect of sublime concepts is a sure prophecy of the manifestation of the sublime. There is a general musical awareness on the planet. The most popular channel in television is MTV, Music TV. All teenagers will only switch on that channel, and musicians of big name are attracting thousands of young people to their musical show. An average child has better musical awareness today than before. It is a promise of the right music manifesting in future.

The sun signs relating to music are Taurus, Cancer and Pisces. The planets relating to music are Moon, Venus and Neptune. Neptune cannot function, unless there is the grace of Lord *Maitreya*. His grace can be showered, when the birth moon or the birth ascendant makes an aspect with the transit Neptune. If the transit Neptune makes an aspect, especially a sextile aspect, with birth moon or birth ascendant, it can stimulate the musical awareness in you. If you have such an aspect by birth, you are very fit to work with music. The quality required for meditation and the quality required for music are all the same. The quality is receptivity. One should be able to be receptive to the subtle. Having gained the receptivity, then you shall have to reproduce it.

There are hundreds of musical ragas depending upon the sun sign. The twelve sun signs have different compositions of music, and the seven planets have different music notes. The seven planets and the twelve sun signs make 84 musical notes. The movement of the rays of the planets also happens through musical notes. The more you are able to tune up to nature and produce music, the more you will be able to enjoy the music. Music also has seven notes, just like the seven seed sounds of wisdom.

Music has its sublime levels and also its indulgent levels. Music can stimulate the sexual desire and also the thinking capacities in us. It can work at astral plane, it can work at mental plane. It can also stimulate the buddhic plane. The subtler is the music, the better is the effect on the soul. The grosser is the sound, like the beat, it will only beat the ear and have a physical impact. The impact, however, can be at all seven levels in music.

## **The Story of Savitri**

I shall now conclude with the final story of Cancer, that is *Savitri*. Within that story I shall also narrate the events from the life of Maria and Jesus.

My personal greetings and best wishes to those who have their birthday during these days of group life. May the energy of Cancer bless them and enable them to experience the presence of the Mother who leads all beings in darkness. Mother is called the light in darkness.

The Mother of Cancer is known as *Savitri*. *Savitri* is the light of the death. The light that prevails in the western horizon, even after the Sun sets, that light is called *Savitri*. That light is to be meditated upon, for it gives the message that the Sun that has just set will be brought back tomorrow to you. I shall follow that light and ensure that it comes back next day morning. This is how the light in the evening is worshipped. The worship of light in the evening expresses our thankfulness, for it brings back the Sun again tomorrow. It is promise of the Mother for the return of the Saviour on 22<sup>nd</sup> December, when the month of Capricorn begins, and the winter solstice commences. This is how yearly there is a sunset on 22<sup>nd</sup> June and a sunrise on 22<sup>nd</sup> December. Sun is said to have clipped into the nether worlds on 22<sup>nd</sup> June, reaches the bottom of the nether worlds and returns by the dawn. The annual dawn is 22<sup>nd</sup> December. The annual dusk is 22<sup>nd</sup> June. It is said that Gods are born on 22<sup>nd</sup> December, reach their height on 21<sup>st</sup>

March, and again fall on 22<sup>nd</sup> June. On 22<sup>nd</sup> September, they are at their lowest point. Even Gods have such rise and fall. There is the disappearance of the Sun and appearance of the Sun. But the Mother continues to be as light and as darkness. In darkness She shines forth as greater light. During the day, She allows the Gods to shine forth with Her as the background. That is why a lady with a lamp in her hand and with total darkness around is worshipped in all the ancient schools to indicate that she is the light in darkness.

Master *Morya* says, "Darkness is to you, not to itself." To itself it is light. To the self there is no darkness. To the personality there is light and darkness. The personality has light and shade. The soul shines forth at all times, and it does not suffer darkness. Your eye can only see during the day time, but the initiate's eye can see even during the night. He has gained that eye to see in darkness, and to him darkness does not exist. He can even see better. *Bhagavad Gita* also says: "That which you call night is day to the initiate." He can see through, because he knows the presence of the Mother who carries the light in darkness. Light in darkness is more relevant to us than light in light, and we need to respect the light in darkness more than the light in light.

That is how Sri Aurobindo is deeply linked to the concept of *Savitri*. His doctrine on *Savitri* is considered as a fresh presentation in English of the *Rigvedic* text. It is even appreciated in the *Ashrams* of the Hierarchy. The story of *Savitri* is very well presented by Sri Aurobindo in chaste poetry and is recommended to be read at least one page daily. Such is the instruction of the 2nd ray *Ashram*. That the intricacies of the light of the dusk and dawn need to be understood is the idea behind such recommendation for the study of *Savitri*. The book *Savitri* will receive more and more attention, when man reaches the brim of intellect and enters into intuition. It provides many ideas to consciously walk into the intuitional state which is called the supra-mental state by Sri Aurobindo. Sri Aurobindo is also considered as the modern seer of ancient quality.

The story of *Savitri* speaks of the importance of the light in darkness. There is a lady called *Savitri*. She is married to a person called *Satyavan*. *Satyavan* means 'truth bearer'. It is a prophecy that within one year from the date of her marriage with *Satyavan*, he would die. It is in the horoscope of *Satyavan* that he would die within one year from the date of marriage. *Savitri* says, "I will marry him. I will ensure that he survives even after one year." Her confidence in the Mother was unshakable. She lives with the husband and the in-laws and serves them with utmost veneration and gains their deep affection.

On the annual day, on the date of marriage, when *Satyavan* was to get into the forest to fetch wood for fire ritual, *Savitri* accompanied him, because she knew that her husband would die, and she wanted to be with him to ensure that he is brought back to life. So, she accompanied him into the forest. When the hours stroke, *Satyavan* felt an unimaginable headache. The head reeled and he fell on the ground. *Savitri* visualised that the soul of *Satyavan* was going to depart. She kept his head on her lap and sat there.

Then the Lord of the Death approached to excavate the soul from the body. A lot of discussions and arguments between *Savitri* and the Lord of Death took place. The Lord of Death tried to convince *Savitri* that every soul that takes to birth shall have to depart from the body. It is the law. Death is inevitable to the one who is born. *Savitri* argued, "Even while it is inevitable and even while it is the law, the one who formed the law is the Mother, and I seek the protection of the Mother to protect my husband." The Lord of Death got interested in the wisdom of *Savitri*. He asked her many questions, many intricate questions about antropogenesis and cosmogenesis, and she answered them all very well. He felt deeply

generous and considerate towards *Savitri* and said “I would like to grant you a boon. You may ask any boon for your life, other than the life of your husband.” *Savitri* said, “Bless me with children.” The Lord of Death replied, “So it shall be.” Then *Savitri* said, “That means, that you have granted life to my husband.”

For a moment, the Lord of Death understood the subtlety, because to such a chaste woman a second husband would not be acceptable. And also for a man. Even after the death of the spouse the surviving spouse continues to experience the presence of the departed spouse in the heart. That is the original super-fine quality of a human being. Generally marriages are not recommended for a second time, because the marriage is for the soul. The system of marriage was promoted by *Manu Vaivasvata*. The idea of marriage was that there shall be two soul-companions who travel together for lives. In such companionship one learns to share with the other, one learns to sacrifice for the other, one starts living in the heart of the other. Hence, neither the man nor the woman feels that they are lonely. Even if a man travels to long distances, in his heart his woman stays. Likewise in the heart of the woman the man stays. So, they don't feel separated, once they are united with the fire as witness.

The *Manu* conceived marriage as the best sacrament that human beings can have, where man learns to see beyond flesh and blood. A companionship is the highest purpose of marriage. It is communion of the souls but no communion of the bodies. So, even when there is departure by way of death, neither the man nor the woman marries again. That was the original law. Like many things that got degenerated, the institution of marriage also got degenerated. Its higher values will come back, once when we enter into the new cycle of time.

The Lord of Death was perplexed having granted the boon of blessing children for *Savitri*. *Savitri* smiled. The Lord of Death understood and also smiled and said, “It is the will of the Lord that I shall not take away the life of your husband.” So, he brought *Satyavan* back to life.”

When *Satyavan* was leaving to the forest, the parents knew that the day was fatal. Also *Savitri* knew it. She told the parents-in-law, “Don't you worry, I shall accompany your son wherever he goes. Even if he is taken to the planes of death, with the power of the Mother, I will accompany him. I shall please the *Devas* of the planes of death, because I carry the grace of the Mother, and I am very sure that the Mother's grace will help me and in turn will also help you.” She gave assurance to the parents-in-law that she shall come back with their son.

This is a story poetically conceived by the *Veda* to speak of the summer solstice and the return of the Sun in the winter solstice. That is how *Satyavan* is said to have been brought back. This play happens every evening in the West, when the Sun sets. The light that remains after the sunset is related to *Savitri*, because the light is still there, though the Sun has already disappeared. The Sun is the truth bearer. The solar disc of the Sun is a blind to the light which is the basis of the whole creation. He is the vehicle of that truth, since the vehicle of that truth is called the truth bearer. That is why the name is given to *Satyavan*. *Savitri* means ‘the light that accompanies even during the times of darkness’ or ‘the light that promises the return of the Sun’.

The story relates to the Sun travelling through the night to dawn again in the morning hours. In the morning hours also the light comes first, and then the sun-ball comes next. That light is called *Gayatri*, the other name for *Savitri*. During the day, the light is called ‘the splendour’, and the whole movement of light is called *Saraswati*. These are only the names relating to the varieties of functions of light and darkness that happen in the sky. That is why the 4<sup>th</sup> house of the zodiac is deeply linked to the Mother, and we are all her children.

## The Children of the Widow

For the following six months of the royal arch, to ensure that we conduct life as princes, meaning, the children of the king, the full moon is dedicated to the Mother. The other interpretation about light and darkness is the Teacher which I have explained before. The Sun is seen as God, and the Moon is seen as the Teacher. Even if God does not appear, and when there is darkness, the Moon in the sky can lead us with its light. The Moon is no other than the representation of the Sun. So, the teacher is the representation of the truth. It is therefore thought, if God, the Father, is not with us, it does not matter. It is enough, if we have the Teacher, because to the Teacher there is no darkness. When I say Teacher, I mean the initiate. He has no darkness. So, he can lead the beings throughout the path of darkness and put them in light.

According to Masonic terminology all the souls in incarnation are considered as children of the widow. An aspirant's life commences as the son of a widow, meaning, the aspirant knows the nature, but he does not know the source of his being which is the Father. To us the Father is not known. All spiritual practice is to know the Father. When you have known the truth, you have known the Father. We only know the Mother, meaning, we only know the nature: the tree, the fruit, the animal, the river, the ocean. All that the nature presents, we see and we know. But we do not know the basis for all this nature. The basis of this planet, the basis of the solar system, the basis of the universe is the Father. That is why all truth seekers are considered as sons of the widow. So, the widow's sons, even if they don't know the Father, if they come to know a Teacher, they are lucky. The Teacher can lead the souls from darkness to light, because he knows the path.

Hence, during the hours of Cancer, after the Mother, it is the Teacher who is worshipped. Sometimes there are nights without Moon in the sky. Then the Mother is the only recourse. She is always there. The Teacher is there, when you are fit enough. There can be presence and absence of the Teacher according to our state of awareness, but the Mother is always there. That is how the *vedic* tradition considered the Teacher and the Mother for worship and for seeking blessings and seeking the path. This is the message of *Savitri*. She promises the return of the soul from death, which is called ignorance. Our understanding of death is nothing but an aspect of our ignorance.

It is expected that by the turn of this century more and more people consciously know that there is no death and that the souls continue to carry the consciousness. That is the target for which the noble ones are working to ensure that by the turn of 21<sup>st</sup> century, though not the entire humanity, many in number will understand the continuity of consciousness of the soul, thereby comprehending the myth of death. That is what is called in the books as the third initiation. A mass third initiation is planned for the end of the century. This was predicted in 1875 in the 19<sup>th</sup> century. Let it be so.

## Maria, the Great Initiate

But the Mother who is the light in darkness, who can ensure that you transcend death is of importance. This *vedic* truth is abundantly demonstrated by the great initiate Maria. She is the one who stood by Jesus throughout his works and accomplishments. She knew the purpose of the son that was to be born to her. Joseph also knew. They have been initiates over thousands of years. They have taken to incarnation with a purpose to bring the doctrine of love and synthesis to the West.

They consciously trained Jesus up to 12 years and sent him abroad for further studies. After 18 years the son returned having accomplished his studies, and he came back fulfilled to conduct the plan. It was the plan that Maria should be with him throughout his accomplishments. For every important accomplishment of Jesus, Maria was behind. The most difficult task was the chapter relating to crucifixion. Which mother can accompany her son throughout the path of Via Dolorosa? She stood besides Jesus giving support with her eyes, transmitting energy to the son and energising the son, so that he can withstand the initiation. Physically, she was there, when her son was being nailed to the cross. Which mother can stand it? Maria continued giving the supporting energy.

In the midnight hours after crucifixion, she went alone to the place with the lantern in her hand. It is the true symbol of the mother in darkness. She ensured that her son was through, that he successfully mounted over the cross and did not succumb to the cross. Consequently, Jesus survived the cross and returned to life. Maria was the first of the three ladies to see him, to greet him silently through her eyes for the initiation through which Jesus went successfully. Such is the work of the mother, and Maria played such role exceedingly well.

We have stories from the lives of initiates, where this mother energy is always around an initiate either in the form of mother or in the form of wife. In the case of Ramakrishna Paramahansa it was his wife Sarada. In the case of Sri Aurobindo it was not even wife, but a close associate and worker, the mother. Likewise, in the case of Master CVV, his wife was such a support. In the case of Master EK, it was his mother. Even when Master EK lost his mother very early in life, until he had the experience of the presence of the Mother *Gayatri*, his mother was helping him. Likewise, either in the form of the spouse, in the form of mother, or in the form of a woman who intimately associates without any illicit relationship have helped the initiates to gain the necessary awareness.

You only see stories about the ladies pulling down the men, that they are distractions on the path, and that they are evil and sinful. This is only the state of human awareness. The mother can be a distracting energy or an elevating energy. It all depends how you understand the feminine energy in creation, how you interact with it, and how is your attitude towards it. As long as women are insulted, subordinated, dominated, abused, the humanity cannot have initiations. The feminine energy is the dominant energy in creation. Its due place should always be understood and given. If you see the lives of many initiates, you find this truth. Walking to the truth with the help of mother is easier than trying to walk without the support of the mother.

Mother is seen as the light in darkness in Cancer. Mother is seen as the purity and the consequent birth of wisdom in the sun sign Virgo. Mother is seen as the dominant passion that can put you down until you gain the right understanding of the other genre in Libra. Mother is seen as the Mother of the World in Pisces. These are the varieties of dimensions that you meet in astrology in this sun sign. In Taurus the Mother is seen as the beauty beyond form. In Libra the Mother is seen as beauty in form. Mother is seen as pure love in Leo.

Let a proper understanding be made of the feminine energy which should open the doors to the royal path in the six months to come

### **The Essential Quality of a Musician**

We shall today conclude the lessons relating to Cancer with a little more comprehension about music. The essential quality to be a musician is to listen more than to speak, meaning, the

ability to listen should be far greater than the ability to utter. It is the same with a spiritual student. Many disciplines are common between a student of occultism and a student of music. The student of occultism is recommended to listen more than to speak. Those who listen well can speak well. Those who speak always cannot listen, because the system is not oriented for any kind of inflow of sound.

Either for music or for occultism you need to listen to silence. Silence is full of sound. Silence is the basis of sound. In fact what we call sound or music is a disturbance of the vibrations of silence. The strings of a guitar are with music in silence. When you touch them, they produce the natural music coming out of silence. The seven sounds relating to the seven strings of a musical instrument are similar to the vertebra column with its seven centres. In the seven centres there are sounds, and all the centres can be made to utter forth sounds. For that we first have to stop talking and start listening.

Listening is called the positive side of sound or the male side of sound. Speaking is the female side of sound. The best speakers are the best listeners. The best singers are also the best listeners. The best musicians can listen well from the nature's music. When we get deeply impressed with the subtle music of the nature, then we can utter forth. We utter forth only those things which we are impressed with. The quality of speech tells us the quality of the listening that the being carries. If you are able to listen to subtle things, you are able to speak subtle things, and for music the demand to listen is very high.

There is the humming sound within the body which you can listen, if you turn your ear inside, not physically, but through mental proposition. You can start listening inside. Learning to listen to silence will lead you to the very source of sound that is happening in you. The respiration that we carry out has a double sound. It has a musical note in it. When you associate with that note, slowly that note will lead you from the heart into higher parts of your body. When you reach the throat, you can listen to the sky. When you reach the heart by internalisation, you can listen to the air. When you proceed above the throat, you can listen to the musical notes that keep happening in the atmosphere. How is the radio able to catch the musical waves? Through its own antenna! An antenna is to catch the vibrations of sounds that are passing through the ether. Those who can develop an antenna within themselves are the ones who can listen to the musical notes that happen in the ether. It is an aspect of clairaudience.

When the spiritual student gains this state, he listens to the message of wisdom, listens to the message of the work to do. A student of music orients to the musical tones that are moving in the ether. Then he tries to bring those musical notes either through the voice or through the instrument. This is what great musicians have demonstrated. As they keep on working with it, they reach the state of self-forgetfulness. They don't feel so much that they are singing. The song happens through them. Just like teaching happens through a disciple, also musical songs happen through a good student of music.

As they continue in pursuit of music, they surpass the subtle vibrations of sound and enter into the realms of sound. That is where they meet the grand Masters of music existing in the subtle plane. As I said, Lord *Maitreya* is the head of music also, because he functions in tune with the energies of Neptune. In fact, he steers the energies of Neptune for this planet. The quality of Neptune is to be in the blissful state, to be forgetful of the surrounding, forgetful of all that is objective. It is a kind of absorption into music. Only music is there. The singer is not there. It happens more frequently with music than with teaching.

Good music makes you close your eyes and listen well. When you close your eyes and listen, your capacity to listen is doubled. When you keenly listen to anything, you close your eyes and listen. It is a natural process which is so very common with music. When a musician is playing music, and the music reaches certain levels, the listeners close their eyes. Only the musician and the music remain. Then the musician also disappears and only the music remains. In so far as the musician is of a very high degree, within 10 to 15 minutes, he is absorbed into music, and only music is there for him. Thus, the listener, the singer and the music, which is the triangle, are absorbed into music.

Pure knowledge also details into the speaker (the knower) and the listener. There is knowledge, there is a teacher, and there are students to listen. When the knower is absorbed into knowledge, he does not exist. Such teaching also absorbs the listener. So, the knowledge, the knower and the student, they are all absorbed into one point. It is the state of pure knowledge.

So also in meditation. In meditation there is the divine contemplated by the student, and there is the process of meditation. The process leads the student to converge into divinity and only divinity remains. That is how the student of meditation whose name is I AM that meditates on THAT slowly becomes THAT and I AM drops. Only THAT remains. The process is complete and hence does not exist any more.

The three becoming one, is the at-one-ment. The word 'atonement' is well defined by Master *Djwhal Khul*. He calls it 'at-one-ment'. Three becoming one is the task. The truth is: one only has manifested as three. The whole creation is the manifestation of triangles. This triangle can be traced in every activity. If you are reading, the reader is there, the book is there, and the process of reading is there. If you are eating, the eater is there, the food is there, and the process of eating is there. This is the holy trinosophia. The science of triangle in eastern language is called *Trayi Vidya*, meaning, the wisdom of the three. Pythagoras calls it 'Trinosophia'. Sophia is wisdom, and trino is three.

That is the basis of all wisdom. So also with music. When the musician is absorbed into music and becomes a vehicle for the music, an instrument of music, then the listeners also are absorbed into music. Then only music happens, and time is not. Time is not, when a meditation is accomplished. Time is not in high states of wisdom transmission. Time is not when there is music that absorbs the singer and the listeners. Such music will elevate all the participants into the soul level. In the sense, they don't feel their body, they don't feel the time, they surpass the time and the location. Such music is possible. Such teaching is possible. Such meditations are possible.

The discipline is the same for all: A well regulated life, a dedication to the cause of music or wisdom. Not indulging or involving in any or every kind of social activity can slowly enable you to reach those levels through silence. To gain that silence you have to turn inward. From time to time you have to go to places of silence and see, if you can listen to the nature.

All great initiates have clues to music, and many on the path became musicians. The initiates in music are the ones who can catch up to the music of the time. That is what I said that the music during the dawn hours is different from the music thereafter. Every two hours there is a change of sun sign at the East, and in 24 hours the 12 sun signs pass through. Each sun sign brings its own music and the same sun sign at dawn gives one music and at noon it gives another music.

Like that you can find 12 types of music with respect to each sun sign. Similarly the planets. That is how the Ragas were conceived in the ancient times. When these Ragas are played, the listeners can easily know, whether it is the Raga of the dawn or the Raga of the dusk. Raga means 'the tune'. If you play the tune relating to the dawn during the dawn hours, your soul is directly pleased. That is because inside the energies also experience the same tune. Suppose you have a drum beating music, when you are awakening, it will not be acceptable to the consciousness, because there is a different tune within the body at the time of your awakening. A few minutes after awakening, the tune will be different.

This is how the variety of tunes has been conceived by getting deeper and deeper into the silence of one's own being. Then you will listen to the voice of the silence and you can feel that sound is the basis of music. It can come as speech, it can come as music, it can come as poetry, it can come in metrical terms. Like that, the sound has manifold manifestations, and music is the best, because the soul and the music, they go together. The response of the soul to music is something beyond logic and reason, and hence music has formed into a very important path to truth.

We have many musical cassettes and CDs at home, but we don't have time to listen. Even when we are listening to music, we can't really listen for a few minutes continuously. In the company of friends, if you put a CD into the recorder, after a few seconds, you start talking, while the music is on. You have to talk, because you can't stay with listening. This is because the faculty to listen is not adequately developed.

Wisdom demands the ability to listen. Music specially demands our focussing vis-à-vis listening. If we close our eyes and listen, we can enjoy the music better. Don't look at the musician. Not always the musicians are handsome. Then we are more worried about their faces, or their bellies, or the peculiar characteristics that the body exhibits. So, we are more engaged with that than with music. Therefore, we should close our eyes while listening. Then we are only with music, not with the form of the musician. If the musician is very handsome, also there is a problem, because we are engaged with his/her beauty. We have all come with the good intention to listen to music. But then other things interest us more than music. Just like in teaching.

Of course, these are the initial hurdles. As you walk more and more into silence, you will start first associating with silence. Then silence opens the door for the seven musical notes. When you sing, at different scales, you can feel the different levels in your own body, where it is produced. Likewise, in the instrument you can feel the scales of sounds. Similarly in the body, straight away you can feel the three scales: the subnormal or the low tone, the normal or middle tone and the abnormal or high tone. For example, when you speak to a proximate person, you speak in low voice. When you speak to a person who is not so proximate, you have another level of voice. When you speak to the person who is more distant, you use a different level.

In the next step you can detail these three sounds. The middle tone (the normal tone) always remains the same. The subnormal (the low tone) details into two tones. The abnormal (the high tone) also details into two tones. So three become five. The subnormal tone has a triangle. The abnormal tone has a triangle. Normal tone is normal tone. So, seven tones. This is how the seven tones can be recognised. Abnormal tones are not difficult to recognise, subtle tones are difficult to recognise. Subtle tones relate to subtle planes. A good music exhibits all the seven tones moving from one level to the other in a rhythmical manner, as if dancing. So, the musical tones are naturally associated with dance.

The rays that we receive travel from Sun to Earth with such music and such dance. Don't think they are only for light or for life, they are singing and dancing and have their joy while travelling. In the scriptures they are called '*Apsaraha*' (in English Apsaras). They are the dancing, singing energies. If an *Apsara* visits you, you are gone. 'You are gone' means 'you are absorbed'. They are called the 'celestial dancers'. If there is a celestial dance, there is only pure existence. Conversely, the pure existence is a celestial dance and song. That is how *Siva* is said to be dancing in eternal dance. If they stop dancing, the scripture say that the creation will collapse. It is all very poetically, allegorically, symbolically said. That is why for the music the highest Lord is considered *Siva*. In India those who learn music or dance, first touch the feet of the dancing *Siva*, called *Nataraja*.

So, the creation itself comes out of rhythm and sound. Rhythm is dance. It is not a monotonous way of doing the same thing every day. Conducting things according to time should be like dancing. That is why when *Krishna* was asked to define life, he said, "Life is music and dance." Music in the sense, it is the work of sound, and dance in the sense, it is all rhythmical. Men of knowledge know the sound note relating to the planet. The seven planets are there because of the seven sound notes, and Sun is the musician. That is how the seven seers, seven sounds, seven colours – all about seven comes about.

Coming back to the study of music, the entry into subtle music is through observation of respiration. That is why Cancer becomes important. Cancer relates to respiration. Enter into the chamber of the heart and listen to the sound of silence. Make it a regular practice. Slowly the sound moves upwards. Then you listen to the sound in the throat. Later you enter into another cave. One cave is the heart. Another cave is the dome. It is a dome with certain apertures. When the sound is uttered in the higher point of the throat, it is like your uttering a sound into a dome. What happens, if you utter a sound into a dome? You have the sound vibrations going all around and returning to you. To listen to the reverberating sound is great joy.

Then the vibrations go out of the apertures and contact the vibrations in the outer and you get the response from the vibrations outside. Even to listen is so nice. When you experience, you can't explain it. That is how people were listening to the waves of music and were trying their very best to reproduce them either through the vocal chords or through an instrument. That is music. That music will elevate souls. The beauty of music is, if the musician is highly accomplished, it does not matter of what state of evolution the listener is, it contacts every soul and lifts up the soul.

In the case of teaching it cannot be so, because teaching appeals to the buddhic plane. If you maintain the buddhic plane and listen, you are able to gain certain states of awareness and forget time. Not always you maintain the buddhic plane. Sometimes you fall into the mental plane and sometimes, when you are tired, you fall into sleep. So, it is the fitness of the listener that plays a role, when listening to teaching, but it need not be so with music. Music takes you directly to the soul level. You don't have to go through the process of the mental and the buddhic. That is why music is mystical. When you are out of music, you are again what you are, unless you are the musician, but it is not so with wisdom, because consciously you have received something at the buddhic plane and mental plane. You retain a bit of it. With music only the musician retains it, but the listeners don't.

When *Krishna* was playing flute, the birds were elevated to soul consciousness. They forgot flying and stayed on the branches of the trees to listen. The cows were elevated to soul

awareness. The calves forgot to drink milk and were looking at *Krishna*. The ripples of the river rose into tides craving to meet *Krishna* to reach the music. Even ferocious animals they were all stilled and were listening to music. Of course, as far as the humans are concerned, the whole atmosphere was arrested into music, and once they were out of it, when *Krishna* stopped playing flute, they were craving again and again for such music. Once you have the soul experience, you crave for it. You die for it. Nothing else seems important. That is how the soul is touched, it gets the first taste of nectar. You keep looking forward for similar experience again and again. Even initiates were gathering to listen to *Krishna's* flute.

You may have read in "Music of the Soul" how on the full moon on Sagittarius the whole Hierarchy craved to listen to the music of the flute. At a point, wisdom seems nothing, when you are with music. Such was the height of music played by *Krishna*. Even the hierarchical Master of Music who rules over Neptune, the cosmic Michel, called *Narada*, was also craving to listen to the flute music of *Krishna*. *Narada* was not only the head of the occult Hierarchy, but also the head of the musical Hierarchy. Through Gemini, the Hierarchy works with occultism, and through Cancer, a few members of the Hierarchy work with music. *Narada* caters for five solar systems as the World Teacher, both in terms of occultism and also of music, and *Maitreya* is the head of occultism and also of music on this planet.

I told you that Neptune is the ruler of beings of *Shambala*, and the cosmic Michel is the ruler of Neptune. He was craving to listen to the music played by *Krishna*. Once he came to *Krishna*, participated in the music, and said, "I thought that I am the one, but now I can't count myself along with you. At least I am happy that after you it is me." Then *Krishna* smiled and said, "After me there is another, after him it is you." *Narada* was surprised. If anyone says, "I am the closest to the Master" be sure the person who says that is not. Many times he would be the last. Those who consider themselves first are always last, because the measures keep reversing in higher planes. What we think as proximate would be distant, and what we think distant would be proximate. Change of planes cause a lot of changes in our measures. If you make claims, divinity cannot accept.

So, when *Narada* said, "At least after you I can count myself", *Krishna* said, "No, there is another." *Narada* was surprised, because he can move in all the seven planes. As I said, he is one of the five *Kumaras*, and even guides *Sanat Kumaras*. *Narada* thought, "Who could it be?" *Krishna* said, "Ah, there is one from *Treta Yuga*, he is there in the Himalayas. He prefers to stay on the planet as long as the sound RAM is uttered by people on this planet. He is a student of the sound of RAM. He can be anywhere in the creation, but the beings on the Earth are fortunate that he remains on the planet. He is the ancient most one in Himalayas and gives his presence in a very tangible manner to the simplest people. His name is *Hanuman*. He is the best."

*Narada* was interested to see him. He knows *Hanuman*, but he never knew this dimension of him. *Hanuman* has no publicity problem, he does not exist to himself, that is his beauty. He remains THAT, all the time. Once in a way he becomes I AM. Seldom he remains I AM. That is his style. When he sings, he just becomes THAT. He does not even feel that he is singing. When he sings the sound of RAM, he gets absorbed into it and does not feel that he exists. Only RAM exists. When *Narada* learnt about *Hanuman*, he wanted to go and see him. So, he went to the valley where he lives, exchanged some pleasantries, and after a while, *Narada* asked, "I believe you sing very well." *Hanuman* said, "I don't know."

*Narada*: "People say that you are an excellent singer."

*Hanuman*: "May be they think so."

*Narada*: "Would you please chant for me the sound RAM?"

*Hanuman*: "Okay, I'll do that. I was in the sound RAM till you came. I am happy that you asked for it, because I can be in it again. Do you have time?"

*Narada*: "Yes, I have time."

*Narada* has a celestial musical instrument with him which is called Veena in India, a seven-stringed musical instrument. It sings by itself. Just by being on the body of *Narada*, the Veena itself sings. That is the state of awareness of *Narada* in music. You can't imagine about *Narada*. He can manifest gathering atoms from the atmosphere along with his musical instrument, and again, he can dissolve all the atoms to get back into the ether. That is the kind of Master I am speaking of who is the most venerable one in all the planes of existence, and whenever he visits, he has a message of the Most High. That is why he is called 'the messenger of God'. He has entry into every world including the infernal world, because he is a friend of all.

Such a great one who is also The Greatest in music goes to another in Himalayas and wants to listen to the music of another one. So, *Narada* sat on a stone seat, removed his belt and kept his Veena on another stone at his side. *Hanuman* started singing the sound RAM. In four minutes, *Narada* was absorbed. *Hanuman* was gone even before. Only music prevailed. God knows how much time passed.

After a while, *Narada* came back to awareness, but *Hanuman* did not yet. *Narada* understood the situation. He has other works to do, but *Hanuman* has only one work to do: to sing the sound RAM. So, he thought, "This man will not stop, I must go." He wanted to pick up his Veena, but it was not possible. The stone got melted by the music and the Veena was stuck in it. He did not know how to take it out. He was so surprised that even the stones melt, when *Hanuman* sings.

He gently touched *Hanuman* and said, "I have to go." Then *Hanuman* asked, "You wanted me to sing. Then what happened?" *Narada* answered, "I have no words. Wherever in the cosmos people speak of singing, I will quote your name hereafter. I am deeply pleased with your music. I am melted. Now I have to leave, but my instrument is stuck within the stone. Help me to take it out." *Hanuman* said, "What shall I do? If you can't take it out, how can I take it out." Then *Narada* suggested, "You start singing again." So, *Hanuman* started singing, and this time, *Narada* was not willing to listen, he was looking at the stone. The moment the stone melted, he took up his Veena, and greeted *Hanuman* through the heart and left even before *Hanuman* opened his eyes.

This is a popular story given to students of music. This is what I wanted to let you know as the story relating to music. So, this should be a fitting conclusion to the seminar.

But when we speak of music, we have to speak of one caution, that unless you are well focussed and well regulated, music can put you to astralism. Many musicians fall into the habit of drink and spoil themselves. That is the danger. The hierarchical branch in Ibez and in Himalayas was lifting up the people through music, when the mind was not yet sufficiently developed. So, singing was considered as a means to lift up the people to soul level, give them the touch of the soul, so that the souls will crave for the divine later. That is how the evolution was conducted in the initial stages to lift up the humanity from emotional state to mental state.

Now the plan is: From mind to supra mind which Sri Aurobindo demonstrates, and all the teachings of the Hierarchy demonstrate, and from supra mental to the sublime levels of the buddhic plane, and then the occult experience of the soul. Nevertheless, the path of music is

equally open, but not all souls have the quality to go through the path of music. Those who are not so well inclined with mental and buddhic processes, they take to this path. Those who have taken to the path of mind and Buddhi, when they have touched the soul, they later prefer to be musicians than to be occult wisdom teachers, because music has greater ease to muse. The ease to muse is with the music. So, that is where again there is the choice. Such is the work relating to music.

Thank you very much to you all.